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Work





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AN INSIDER'S GUIDE TO GREATER MANCHESTER









I like to say that New Hampshire is a state of best kept secrets, and this is true even in the greater Manchester region, which is the most populated part of the state. While some of what makes the greater Manchester region great is well-known, greater Manchester is, to a certain extent, an underground region, with many relatively unknown attractions, shops, events, and happenings.

And it is these secrets that are shared in "An Insider's Guide to Greater Manchester."

This guide features a carefully-curated selection of more than 400 greater Manchester attractions, entertainment and recreation spots, restaurants, bars, stores, and events. From the essential to the obscure, "An Insider's Guide to Greater Manchester" showcases well-known establishments and brings much-needed attention to their lesser-known counterparts.

"An Insider's Guide to Greater Manchester" is essential for new and prospective residents and employees of the region, as well as for students who attend — or are considering attending — one of the region's colleges and universities.

This streetwise guide is your key to unlocking greater Manchester and all it has to offer. If you would like more information on all of the cool opportunities to be found across the rest of New Hampshire, I invite you to visit stayworkplay.org.

Enjoy!

Will Stewart

Executive Director

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WILL Stewart















As a Manchester native and Central High School graduate, I'm proud to join Stay Work Play NH in introducing this valuable guide to the wealth of resources that enrich our lives and make us proud to call the Queen City home. On behalf of Eversource, I'm honored to extend a warm welcome to those of you who are new to the area and to say hello again to those of you who have long called Manchester home.

With a rich heritage that includes pioneering the Granite State's first electric system, Eversource has always considered Manchester home to our New Hampshire operations that serve 211 communities. We love it here, and love watching the city grow and thrive as a great place for young people to succeed and live well throughout their careers.

Today's energy industry is dynamic and filled with exciting opportunities awaiting a new generation of ideas. Energetic young people are walking through our doors every day to help us build the electric grid of the future—one that can reliably integrate clean energy resources and support continued economic development. Whether it's our partnership with Manchester Community College and the IBEW on a lineworker certification program or our support of organizations like Stay Work Play, we take pride in being a workforce development leader that is benefiting Greater Manchester and all of New Hampshire.

Many of you reading this are already making important contributions to help enhance the vibrancy of the city and state and to lead us toward a better tomorrow. It is our hope that this guide will strengthen your roots in the community; or, if you are considering moving to Greater Manchester, will lead you to meaningful friendships and unforgettable experiences here in the Queen City and in our beautiful state. We'd love to have you as neighbors!

Will Craig



Will Craig is a community relations specialist for Eversource serving the Greater Manchester region and a member of Eversource's Young Professionals Business Resource Group, an employee-led group focused on attracting and retaining young talent to the company.



As the name suggests, Greater Manchester is centered around Manchester, the largest city in New Hampshire and all of northern New England. This city of 110,000, located on the Merrimack River, is a revitalized industrial town whose massive mill buildings which once house the world's largest textile manufacturing outfit, now are home to everything from universities to tech startups to loft apartments to office space to restaurants, and even a climbing gym.

Also the state's most diverse city, Manchester has become much more cosmopolitan in recent years seeing an influx of immigrants and refugees from around the world. This in-migration has made Manchester more interesting on a number of levels, but especially with regard to the city's culinary scene.

In addition to dining, Manchester is the region's hub for shopping, clubbing, bar hopping, and live entertainment. With regard to the latter, the city is home to the 10,000 seat SNHU Arena, the Palace Theatre, and the New Hampshire Fisher Cats, an affiliate of the Toronto Blue Jays.

Upon leaving the city, one encounters a suburban environment, quickly followed by more rural areas full of New England country charm.

Of particular interest is Greater Manchester's agriculture heritage, which is seen today in its many farm and other food and beverage production facilities. Just to the south of the city, in Londonderry, lies the highest concentration of apple orchards in the state. Likewise the region is home to the highest concentration of craft breweries in New Hampshire, as well as nationally-known production facilities like Stonyfield Farm.

An Insider's Guide to Greater
Manchester is organized to encourage
immersive exploration of the region.
This guide is broken down into the
following sections aimed at helping
readers identify both the more
traditional and well-known aspects of
the region, as well as more hidden,
obscure, or otherwise off-beat finds
known only to long-time residents.
Most titles are linked directly to their
website or Facebook page:

NEWS & MEDIA

Your source on where to find out what's making the headlines in and around Manchester.

TRANSPORTATION & PARKING

Find out how to get to and around the Queen City through its various modes of transportation. And most importantly - tips on where to find parking.

EAT & DRINK

The restaurants, bars, diners, bakeries, food counters, cafes, and coffee shops that comprise the region's most interesting culinary offerings are included in this section.

BREWERIES & MEADERIES

Greater Manchester is awash in craft beer and mead. Find out where to find it and enjoy it in this section.

CULTURAL ATTRACTIONS

From the obscure to the regionally-renowned, this section highlights the museums, galleries, and spots of historical importance that showcase the region's cultural diversity.

ENTERTAINMENT & RECREATION

Showing how residents have fun, this section describes the region's many recreational offerings, from parks and trails, to professional sports teams, climbing gyms, and gun ranges.

SHOP LOCAL

A region is more than its cultural attractions, dining establishments, and entertainment venues. This section shares the primarily local and independent retail business establishments of interest to both visitors and residents.

PETS

From dog parks to pet supplies, this section will help your pets feel right at home in greater Manchester, too.

EVENTS

Here you will find a listing of popular weekly, monthly, and annual regional events. This is another great section to review to find events where you can meet people who share interests similar to yours in addition to learning more about Stay Work Play NH's events and programming.

CONNECT

From young professionals networks to sports leagues to meetups of all varieties, check out this section to find out where you can meet people. Want to give back? Peruse this section to learn where you can volunteer your time and efforts for a good cause, be it on behalf of area nonprofits or at the local municipal level.

EDITOR'S NOTE

All listings and other information were accurate at the time of publication, but might have changed. Readers are encouraged to visit an establishment's website or to call prior to visiting to verify hours of operation, prices, etc.



Catching up on local news, initiatives, and events like festivals, film screenings, and lectures, can help you get the most out of the Greater Manchester area. In addition to what you can find in the pages of this guide, perusing the following websites can enhance your life here by helping you put the region in context.

DERRY NEWS

First published in 1880, the Derry News remains the best source for local news and information in Derry and Londonderry. Utilizing a combination of print and electronic media, the Derry News tells the stories of this vibrant region.

LONDONDERRY TIMES

Every week, the people, places and events that affect the lives of over 70,000 people are profiled. They are the single, most comprehensive source of community news, with a skilled staff of knowledgeable and passionate writers

MANCHESTER INK LINK

Manchester Ink Link is the newest entrant to the Manchester news scene. The work of former New Hampshire Union Leader reporter Carol Robidoux, this site is a favorite source of independent news and information for the city and the surrounding region.

MANCHESTER PUBLIC TELEVISION

Proudly bringing Manchester to your television: open government, free expression, education, arts, activities.

NEW HAMPSHIRE MAGAZINE

Whether you're looking for where to get a quick bite, a family-friendly event, or even where the best foliage spots are located, New Hampshire Magazine has you covered. Be sure to check out the <u>Best of NH page</u> for the best-voted locations in the state!

NEW HAMPSHIRE PUBLIC RADIO (NHPR)

Public radio from NH. Your source for state-wide news and information offering a mix of local, national and international news and cultural programming.

NEW HAMPSHIRE UNION LEADER

The state's largest newspaper, the Union Leader is published daily and covers news, sports, and more in Manchester and across the Granite State. Non-subscribers can view three articles for free each day on the paper's website.

NUTFIELD NEWS

Nutfield Publishing is a woman owned and operated full service business development agency providing comprehensive business and advertising services. They focus on creating attractive and effective marketing campaigns to help businesses succeed.

THE HIPPO

The Hippo, a free alternative weekly newspaper, covers the Merrimack Valley of southern New Hampshire and northern Massachusetts and offers news, food, music, movie, and arts coverage, as well as the state's largest listings section of things to do.

THE MORNING SHOW WITH PETER WHITE

Broadcast weekdays on WMNH 95.3 FM — Manchester's local public access radio station — The Morning Show with Peter White describes itself as authentic local radio focusing on the history, people, and cultures of Manchester.

WMUR-TV

A Hearst Television station and ABC Television affiliate, WMUR-TV, aka Channel 9, is the state's only network television affiliate and covers breaking news across the state.



While the Greater Manchester region has the most robust transportation network in the state, getting most places without your own vehicle can sometimes be a challenge.

GETTING HERE

AIR

MANCHESTER-BOSTON REGIONAL AIRPORT,

served by Southwest, Delta, United, and American Airlines, is located six and a half miles from Downtown. Travelers' options into town include car rental, taxis, Uber, and East-West Express, a shuttle that provides service to the Manchester Transportation Center, 119 Canal St., twice each morning and twice in the afternoon/evening. Likewise, Manchester Transportation Authority's Route #3 offers service to downtown hourly between 5:45a to 5:45p.

BUS

BOSTON EXPRESS provides service from Boston's Logan Airport and South Station to the Manchester Transportation Center at 119 Canal St. with stops in Salem, NH, and Londonderry, NH. All Boston Express buses offer bathrooms and free wifi.

GETTING AROUND

Getting around without a private vehicle can sometimes be a challenge, but it's not impossible. Here are your options.

BICYCLE RULES

While the Greater Manchester region has only a few unconnected marked bicycle lanes and sharrows in the city proper, bicyclists are entitled to drive on the street as long as they follow the same "rules of the road" as vehicular traffic. Additionally, bicycles must keep to the far right of the lane except when making a left-hand turn, overtaking another bicycle or vehicle, or avoiding a hazard in the road. Also note that riding a bicycle on a sidewalk is illegal in Manchester. It's called a sidewalk, after all, not a sideride.

This being New Hampshire, riders 16 and older are not required to wear a helmet. State law does, however, require riders to wear reflective apparel from a half-hour after sunset to a half-hour before sunrise. In addition to on-street bicycling infrastructure, the region has a bevy of off-street rail trails and other bike paths, many of which are paved.

BUS

MANCHESTER TRANSIT AUTHORITY

Mon.-Fri., 5:30a - 7:30p; Sat., 9:30a - 6p; No operations on federal holidays.

Operating 14 fixed routes across Manchester and several surrounding towns (portions of Hooksett, Bedford, and Goffstown), including express busses to Nashua and Concord, Manchester Transit Authority (MTA) is an affordable, way to get around the city. While busses operate on fixed routes with signed stops, all busses can be flagged down anywhere along the routes in question. The front of each bus has a rack which fits two bicycles. MTA does not offer free transfers between routes; If needing to take three or more busses, purchasing a day pass is the most cost-efficient option.

Single ride, day, and week passes can be

Single ride, day, and week passes can be purchased on any bus. Exact fare is required. If paying with larger bills, an MTA fare card will be issued as change for future rides. Monthly passes can be purchased online or at MTA headquarters at 110 Elm St. in Manchester.

PEDDL

The first Professional Pedicab Service in Downtown Manchester, NH. They offer a transportation experience like no other from April - October.

RIDE SHARING

Ride sharing arrived in the Greater Manchester region in 2014. As is the case in many cities across the country and the world, Uber and Lyft have had their ups and downs with municipal regulators, but at the time this guide was published, the companies are still operating their services — with rides arranged via the companies' smartphone apps — across the region, with the most available service in Manchester proper.

TAXICAB SERVICE

Unlike taxis in larger cities, taxis in Manchester cannot be hailed from the street. Instead, a taxi pickup must be arranged via phone. The two Manchester taxi companies are Queen City Taxi (603.622.0008) and Manchester Taxi (603.623.2222). In Derry and Londonderry, call Green Cab Company (603.432.7800).

ZAGSTER

Membership in the bike share program is available to visitors and residents of Manchester, NH, as well as the neighboring communities.



PARKING

Manchester might be a small city, but it's a city nonetheless. And like most cities, Manchester can have its parking challenges, but as long as you don't mind walking a block or two, you'll be fine.

Parking is most congested Downtown and in the Millyard. In both areas you will find metered parking (most meters accept both coins and plastic) on most streets. Meters must be fed between the hours of 8am and 8pm, Monday through Saturday. Parking in metered spots is free all day on Sunday. And beware: the parking enforcement officers are quite vigilant, so err on the side of one quarter too many in the meter. Venture three blocks east of Elm Street, however, and parking is plentiful and free. More information can be found on the <u>City's website under Parking Division</u>.

In the Millyard, make sure you don't park in one of the multi-colored parking zones if you don't have the corresponding color-coded parking pass. Also be wary of parking in private lots and designated spaces alongside mill buildings — you will be towed.

And if you plan on driving in the city between December 1 and April 15, be aware of the overnight winter on-street odd/even parking ordinance, aimed at facilitating snow removal and street sweeping. Between the hours of 1-6am, and where parking is normally allowed on a street, drivers must park on the odd side of the street during odd-numbered months (January and March) and on the even side of the street on even-numbered months (December, February, and April).



On-Street and Off-Street Parking

2 Hour Limit 10 Hour Limit

SHOP LIKE A LOCAL HANG

Hey Locals!



NH residents with a Locals Card receive discounts at restaurants, breweries, hotels, in addition to recreational activities, services and more! Visit stayworkplay.org/localscard for more information.

Stayworkplay







The restaurants, bars, diners, bakeries, food counters, cafes, and coffee shops that comprise the region's most interesting culinary offerings are included in this section.

AMERICAN

1750 TAPHOUSE

BEDFORD

The 1750 Taphouse restaurant in Bedford, NH, offers a full from scratch menu, brick oven pizza, and over 40 local and craft beers. They pride themselves on being community driven, affordable, and a quality family restaurant. They also offer catering.

BEDFORD VILLAGE INN

BEDFORD

The critically acclaimed, AAA Four Diamond-rated Bedford Village Inn Restaurant in NH welcomes diners with contemporary, regionally sourced cuisine served in a warm environment. They support local producers and farmers from New Hampshire as well as elsewhere in New England; they supply the eggs used in their fluffy soufflés and the maple syrup drizzling down their buttermilk pancakes – not to mention many of their fresh meats and mouthwatering cheeses. Seafood from the shores of the North Atlantic, pork from Niman Ranch, and grain-fed Angus beef from the Midwest round out some of the superior ingredients used in their kitchen.

The BVI Restaurant also boasts a full pastry and bakeshop; their Pastry Chef oversees production of all baked products served anywhere on the property.

CASK & VINE

DERRY

Offering beer and wine lovers a place to sit in a casual atmosphere and enjoy a glass of their favorite craft beer or small production wine without the noise and atmosphere of your average sports bar or pub scene, Cask & Vine also offers small cheeses, chocolates, fruits, wraps, sandwiches, and the like can be paired with your beverage of choice. Open evenings only.

CHEDDAR & RYE

MANCHESTER

They are the largest whiskey bar in the state of NH featuring over 250 whiskeys to choose from. They offer flights, inventive cocktails, and a full service bar. The best grilled cheese menu you've ever seen including the option to build your own using their fresh ingredients. They strive to provide a chill place for old friends to gather and make new friends with those around you.

CJ'S GREAT WEST GRILL

MANCHESTER

CJ's Great West Grill - Billing itself as "serving up a taste of Americana with a distinctive Western flair," CJ's — or Cactus Jack's as it was known for many years — has a sprawling menu ranging from Tex-Mex to seafood to burgers and steaks to sandwiches and wraps to Texas barbecue.

COPPER DOOR

BEDFORD

Guests at the Copper Door® enjoy a wide ranging, exciting and inventive combination of tastes featuring local sources, New England seafood, classic yet inspired stone oven creations, hand-cut Reserve Premium Steaks, unique salads, and House specialties that personify Copper Door's passion & respect of fine food and classic culinary technique.

COTTON

MANCHESTER

Featuring sophisticated American comfort food (think retro meatloaf and buttermilk herb fried chicken) using local meat and produce, Cotton also serves up delicious dishes like almond-crusted turkey schnitzel and pork saltimbocca, all in a sophisticated 1950s-type ambience. In addition to their food and atmosphere, Cotton is also known for cocktails, its martinis in particular. If you can't make up your mind, go for the Martini Sampler. Reservations are encouraged, especially for dinner.

DH'S DOG HOUSE

MANCHESTER

Open seasonally, this food truck is parked in a lot adjacent to Intervale Country Club and serves up hot dogs, burgers, barbecue, sausages, and home cut fries, all of which can be enjoyed on a nearby picnic bench with views of the Merrimack River. Open April through November. Closed Monday and Tuesday.

FIREFLY AMERICAN BISTRO

MANCHESTER

Serving upscale American classics like pork tenderloin, braised lamb shank, and eggplant napoleon, Firefly is a warm and inviting spot. Whatever you order, ask for one of the restaurant's private booths and start with the go-go bread, a warm garlic bread with gorgonzola fondue.



HALLIGAN TAVERN

DERRY

Situated in a century old fire station the restaurant offers a very unique dining atmosphere. They pride ourselves on impeccable service and knowledgeable staff to deliver their guests a fantastic dining experience and retreat from hectic reality. Their menu is comprised of pub inspired cuisine featuring our award winning Reuben and good old comfort foods like their Baked Mac and Cheese or Homestyle Meatloaf. Whether you're in the mood to sit back with friends and relax the day away over dinner and drinks or looking for wings and a burger during the game, The Halligan Tavern is the place to be.

HANOVER STREET CHOPHOUSE

MANCHESTER

A sophisticated, urban steakhouse that outshines many of its counterparts in Boston and New York, Hanover Street Chophouse has been the go-to restaurant for the chamber of commerce crowd since opening in 2005. The Chophouse's menu offers everything you'd expect from such an establishment — hand cut steaks, chops, fresh fish, shellfish, and an award-winning 200-plus bottle wine list. While the Chophouse is easily the most expensive restaurant in town, you definitely get what you pay for. If you want your money to go as far as it can during your stay in Manchester, visit at lunch, when prices are more reasonable, but the food's just as good.

IGNITE BAR & GRILLE

MANCHESTER

Located adjacent to its sister restaurant, Hooked, on Hanover Street, Ignite Bar & Grille straddles the line between casual and upscale dining. Featuring an eclectic menu — from raspberry pecan chicken to Asian BBQ steak tips to the popular Tuscan dip sandwich — Ignite is especially popular with those attending shows at the nearby Palace Theatre. If visiting during the warmer months, be sure to dine al fresco at one of the restaurant's sidewalk tables. Closed Sunday.

KENNEDY FRIED CHICKEN

MANCHESTER

Kennedy Fried Chicken is one of those joints that you can smell for a block in any given direction, and that's a compliment, given their tasty, if slightly greasy, halal fried chicken, the aroma of which wafts across the surrounding neighborhood on warm summer days. A mainly take-out place, Kennedy also sells subs, wraps, kebabs, and fried seafood.

MOE JOE'S FAMILY RESTAURANT

MANCHESTER

While Moe Joe's offers a wide variety of American dishes, what makes this popular East Side eatery unique is its Portuguese offerings. If you're there for breakfast, go for the linguica breakfast sandwich (on the Portuguese English muffin, of course). And if you're there for lunch or supper, try the paella, the espetata (the house specialty steak) the Portuguese seafood, or the Portuguese burger (linguica, peppers, onions, and cheese).

MR. MAC'S MACARONI AND CHEESE

MANCHESTER

There's macaroni and cheese and then there's macaroni and cheese. Mr. Mac's takes this comfort food to the next level by offering 21 signature mac and cheese entrees — most of which can be made with gluten-free pasta — all using high quality Cabot cheddar cheese from Vermont. Standouts include the cajun Mac, the pulled pork mac, the lobstah mac, and the vegan American chop suey Mac.

NEW ENGLAND'S TAP HOUSE GRILLE

HOOKSETT

The Tap House offers a new take on the classic American Grille. Their from scratch kitchen means that each meal is individually crafted by one of their chefs. They also work hard to support New England brands which means many locally-brewed beers run through their taps and many local ingredients in their dishes. When you enter the Tap House, you'll find a pub-style atmosphere with a sophisticated twist. "The Vault," which is their new function space, has its own 48 tap bar!

PURITAN BACKROOM

MANCHESTER

Whereas most of the city's other Greek-owned restaurants have Hellas-inspired names — Athens, Olympus, Annula's — the Puritan, with a buckle-hatted Puritan gentleman as its logo, is about non-Greek sounding as you can get. But no one seems to care. More than 100 years old, the Backroom, as it's referred to by locals, is a Manchester institution, as evidenced by the nearly always-packed parking lot. Whether it's your first time visiting, or your 83rd, you'll likely order the chicken tenders, which the restaurant claims to have invented. That may or may not be true, but they will be among the best tenders you've ever had. If you're thirsty for adult beverage, order a mudslide — another of their specialties that packs so much of a punch that they'll only serve you two.

RED ARROW DINER

MANCHESTER

Named by USA Today as one of the country's top 10 diners, the Red Arrow is a Manchester institution that serves up breakfast, lunch, and supper fare anytime of the day or night. The diner is a mandatory stop for all those aspiring to the Presidency, and it should be for you, too. Be sure and tell the staff that it's your first time there, or in the establishment's parlance, if you're a "Red Arrow Virgin" — you'll love their reaction. You'll find all of the standard diner fare here, but go for something a little more unique like the Pork Pie Benny or the kielbasa and beans. For dessert, order a slice of the Death by Chocolate pie, if there's any left. If it's all gone, order a Dinah Finger or two - it's the Red Arrow's version of a Twinkie. And no matter what you order to eat, be sure and get a bottomless cup of coffee while you're there as a portion of each cup is donated to the New Hampshire Food Bank. Open 24/7. Closed Christmas Day only.

RIVER ROAD TAVERN

BEDFORD

Offering a clear-cut tavern menu with fresh food options that their chefs are proud to prep, cook and serve daily. Their french fries will remind you of a hot version of the Original Potato Stix. Their craft beer selection is unmatchable in the area. Be sure to check out their continually revolving draft line up and lengthy list of bottled beers.

T-BONES GREAT AMERICAN EATERY

BEDFORD & DERRY

They work harder, and you can taste it! When they say it's "homemade," they mean made-from-scratch®. They develop all of their recipes in their own kitchens, making every sauce, soup, salad dressing, and dessert, right down to hand-peeling potatoes for their creamy mashed potatoes or their signature Yukon Gold Potato Chips.

THE COACH STOP

LONDONDERRY

Today the Steve McDonough Family and dedicated staff open their doors as "The Coach Stop Restaurant and Tavern." Offering you a glimpse of the past while serving fine food and beverage. Enjoy their hand-cut steaks, "fresh daily" seafood along with homemade breads, soups, sauces and desserts.

THE CROWN TAVERN

MANCHESTER

Their past-to-present restaurant concept is based upon two simple principles: never forget where you came from, and never forget where you came to eat. Located in the heart of Manchester, The Crown Tavern is the perfect place to enjoy a pint, share a pitcher, dig into fresh and delicious snacks, and soak in the neighborhood with friends. Seasonal outdoor patio.

THE CURRENT KITCHEN AND BAR

MANCHESTER

The Current Kitchen & Bar celebrates the classic cocktail, boasting a menu of beloved originals, crafted with the highest quality ingredients and served in an environment that embodies the new and past that is Manchester. Located inside the Hilton DoubleTree.

THE FOUNDRY

MANCHESTER

The largest certified farm-to-table restaurant in the state, and owned by DEKA owner and Segway inventor Dean Kamen, The Foundry is an upscale restaurant with a "new American" menu, impressive whiskey and local craft beer selections, and an industrial-chic vibe that pays homage to the Millyard of which it is a part. If you can, grab one of the cozy riverside booths.

THE FARM BAR & GRILLE

MANCHESTER

Burgers, salads, soups, sandwiches, pizza, seafood — The Farm Bar & Grille has something for everyone, it seems. That being said, the restaurant is best known for its barbecue offerings. From its award-winning pulled pork sandwiches to its smoked baby back ribs and its maple bacon bourbon dry rub smoked chicken, if barbecue is your thing, head to The Farm. Seasonal outdoor patio.

THE KITCHEN ON RIVER ROAD

MANCHESTER

If you're looking to have a picnic in nearby Stark Park, The Kitchen on River Road is a great place to fill your basket with a variety of deli sandwiches, paninis, salads, and more. This take-out spot also caters to busy families who want more than the usual take-out options for supper — think dishes like coconut-crusted chicken over pineapple fried rice and vegetable lasagna with a garlic cream sauce. Closed Sunday.

THE PATIO/THE PAVILION AT HILTON GARDEN INN

MANCHESTER

These two dining spots primarily serve guests of the Hilton Garden Inn, which is a shame, because both are worth a visit, even if you're not a guest of the hotel. The Patio, a seasonal dining location that overlooks left-center field at Northeast Delta Dental Stadium, is a great place to watch the boys of summer do their thing, all for the price of an app and a drink or three. The Pavilion, located adjacent to the hotel's lobby, offers steak, seafood, and a variety of other primarily classic American dishes.

USA CHICKEN & BISCUIT

MANCHESTER

The specialty at USA Chicken and Biscuit is....yep, chicken and biscuits. This unpretentious halal joint's URL says it all: chickenonelm.com. You'll also find kebabs, fried seafood, sandwiches, and salads on the menu, but trust us: the fried chicken and biscuits are where it's at. You'll thank us, as will your cardiologist.

ASIAN

BUBA NOODLE BAR

MANCHESTER

Serving authentic Pho Noodle Soup, Ramen and inspired Asian cuisine. With Gluten-Free and vegetarian options you will have healthy choices.

GREAT BUFFET

MANCHESTER

To paraphrase Richard Nixon, we have to conclude that this is, indeed, a great buffet. And by great we mean huge. Great Buffet might not serve up haute cuisine, but it certainly won't leave you hungry, what with its endless stream of egg rolls, pork hunan, maki rolls, and scores of other Chinese and Japanese dishes.

GURUNG'S KITCHEN

MANCHESTER

Gurung's Kitchen serves authentic Nepalese dishes that will be sure to make you smile on those gloomy afternoons. The comfort cuisine on the menu offers something for everybody and will keep you coming back for more!

MASA SUSHI & HIBACHI GRILL

MANCHESTER

Styling itself an Asian bistro, Masa Japanese — whose entrance gives off an almost club vibe — is most known for its hibachi offerings. In addition to the usual chicken, shrimp, and vegetable hibachi offerings, Masa also offers us lobster and salmon versions, this being New England and all. But if hibachi isn't your thing, their sushi's pretty good too. Happy Hour at the bar is Monday - Friday from 4pm - 6pm; select starters, rolls and adult beverages are available at a discount.

NANGLO TASTE OF HIMALAYA

MANCHESTER

While Cafe Momo on the East Side has been a Manchester staple for years, the more recent opening of Taste of Himalaya, along with the Himalayan General Store downtown, signals that the city's burgeoning Bhutanese/Nepali population is coming into its own, business wise. This hole-in-the wall take-out spot (there are a few dine-in seats) serves up tasty Himalayan street food staples including momos (delicious Nepali dumplings), thukpa (Tibetan noodle soup), sukuti (Nepali dried meat) and khaja (fried Indian dessert). Cash only.



NOODZ

MANCHESTER

Noodles, Bao, and Asian-inspired street food in a fast, upbeat and urban environment. Order the General Tso Cauliflower - you won't be disappointed. Closed on Sundays.

YEE DYNASTY

MANCHESTER

On the surface, Yee Dynasty is a Chinese restaurant that also has some Polynesian dishes, but really Yee Dynasty is a karaoke joint that also serves Chinese food and potent scorpion bowls. With karaoke on the menu every night of the week, the Yee also holds an annual Singer of the Year contest for the vocally inclined (and those whose scorpion bowl-influenced states of mind make them think they are).

BARBECUE

GABI'S SMOKE SHACK

LONDONDERRY

At Gabi's Smoke Shack, they strive to give you a little bit of Texas in every bite of their low-n-slow cooked BBQ, using only the best ingredients.

KC'S RIB SHACK

MANCHESTER

A good Southern BBQ joint in northern New England? Believe it. KC's Rib Shack offers everything from Carolina-style pulled pork and Memphis-style ribs to barbecue chicken and Texas-style beef brisket. When asked what side you want to accompany your meal, go for the collard greens — they have just the right amount of kick.

BARS & PUBS

815 LOUNGE

MANCHESTER

Modern speakeasy. Craft cocktails and provisions. Weekly password pinned to the top of the page. Dinner only.

BILLY'S SPORTS BAR & GRILL

MANCHESTER

Unlike other bars that try to be all things to all people, Billy's doesn't try to be anything other than what it is: a damn good sports bar with surprisingly good food. With 52 flat screen TVs, Billy's is the perfect place to watch the Red Sox, Patriots, Bruins, and Celtics. And for more than a decade it has won Hippo Press's Best Burger award. For what it's worth, it's also won the award some 10 times for Best Bathroom (go see why for yourself).

BONFIRE RESTAURANT & COUNTRY BAR

MANCHESTER

Bonfire Restaurant & Country Bar is located right in the heart of Downtown Manchester. Their menu appeals to all kinds of Urban Cowboys in need of a meal and a stiff drink after a hard day's work with snacks, appetizers or dinner all served until 10p nightly. Bonfire's bar program entails an extensive whiskey selection, hand made cocktails and 24 beers for those in need of an extra kick. Don't miss Bacon Happy Hour from 4:00p to 7:00p!

BRITISH BEER COMPANY

MANCHESTER

The Manchester outpost of this Massachusetts-based chain of English-style pubs features an impressive beer list comprised, as one might guess, of a number of offerings from the British Isles, as well as local and regional brews. Likewise, the food offerings at British Beer Company are, in large part, Brit-inspired with entrees like fish and chips, bangers and mash, shepherd's pie, and an assortment of meat pies and pastries.

CENTRAL ALE HOUSE

MANCHESTER

With more than 20 beers on tap representing a wide range of craft, domestic, and international options, it's tough to choose among them at Central Ale House. Thankfully, you don't have to commit to a full pint of any of them. With the Ale House's unique pour-your-own draft system, you can buy as little as one ounce of a beer to see if you like it before committing to more or trying something else.

MANCHVEGAS BAR & GRILL

MANCHESTER

A Southern NH live music entertainment venue/club. Food served 5 days a week, with live bands Friday and Saturday nights.



MIKE'S PUB & GRUB

MANCHESTER

If you want a Bud Light at 8a, Mike's Pub & Grub is where you want, nay need, to go. It's that kind of place. In a city that has its share of dive bars, Mike's is the easily the king of the city's dives. Well known to the Manchester Police Department and the down-on-their-luck, Mike's is the place to go if you're looking for the cheapest beer in town.

MURPHY'S TAPROOM

MANCHESTER

Featuring 120 beers on tap, Murphy's Taproom can boast the largest beer selection in the state and live music seven nights a week. If it's nice, head outside to Murphy's spacious deck — a great place to enjoy a cold one. Do note that Murphy's is popular with area libertarians. As such, don't be surprised to see some your fellow patrons packing heat.

PENUCHE'S MUSIC HALL

MANCHESTER

Offering live music, food and spirits. Check out their downstairs sports pub with 10 flat screen TV's.

SHOPPERS PUB & EATERY

MANCHESTER

Boasting a large selection of rotating craft beers, irresistible bar pizza, our famous steak tip recipe, and mouth-watering burgers to die for. Shopper's carries on the sporting tradition, with eighteen TVs showing all major sports.

STRANGE BREW TAVERN

MANCHESTER

Book-lined walls, a popcorn machine, and more than 100 beers on tap make Strange Brew Tavern one of the more popular watering holes in Manchester. On the food side, Strange Brew has all of the usual pub fare, but also offers a few more interesting signature dishes like curry coconut chicken, jambalaya, and blackened Cajun chicken. And the Brew being just down the street from City Hall, don't be surprised if you find yourself rubbing elbows with a city alderman or two.

THE DERRYFIELD RESTAURANT

MANCHESTER

Nestled on acres of historic farmland, The Derryfield overlooks the grounds of Derryfield Country Club and serves up breakfast, lunch, and dinner. The Derryfield is also a popular spot for drinks as well as for live entertainment most every night of the week. If the weather is nice, be sure and sit on the restaurant's large deck overlooking the country club's golf course. Check out their Trivia Night's on Thursday evenings.



Photo courtesy of New Hampshire Division of Travel & Tourism

THE PINT PUBLIK HOUSE

MANCHESTER

If you're in the mood for Jamacian fare, The Pint is your best bet in Manchester, with entrees ranging from jerk dinners and curry dishes to tripe and beans and various seafood dishes. The Pint is also well known for its tater tot offerings, including jerk tots (jerk chicken or pork topped with pineapple mango salsa and shredded lettuce) and West Side tots (chicken, cheese curds, and brown gravy).

THE SHASKEEN

MANCHESTER

Named after the famous traditional Irish tune the Shaskeen reel, The Shaskeen Pub & Restaurant is creation of traditional Irish musicians Tommy and Louise McCarthy and Matt Molloy, flute player for The Chieftains. The Shaskeen is as authentic an Irish pub as one gets on this side of the Atlantic. Indeed, the decor, including wood paneling and stained glass features, were imported directly from Eire. Patrons will find an array of Irish, English, and Scottish beers and whiskeys, and traditional favorites like leek and sausage pie and beef stew, in addition to fusion dishes like Irish nachos.

THE TOWN CABIN DELI & PUB

CANDIA

Join their warm and inviting cabin, watch the big game or bring your friends and family, stay awhile, simply relax and catch up. At The Town Cabin they aim to please with a diverse and extensive pub menu.

THE WILD ROVER

MANCHESTER

An Irish pub on a Polish street in a French city. The Wild Rover is a great place to grab a pint. The hundred-year-old hardwood floors and the exposed brick walls create a cozy atmosphere. As one might expect, the Rover has Guinness, Jameson, and bangers and mash aplenty, but they also feature the likes of the nacho-crusted chicken sandwich, which has been known to turn vegetarians into omnivores.

WHISKY'S 20

MANCHESTER

The most recent incarnation of a string of rotating dance clubs that have existed at this location for years, Whiskey's 20 offers a variety of VIP tables in three distinct areas.

BRAZILIAN

GAUCHOS BRAZILIAN STEAKHOUSE

MANCHESTER

Do you like eating meat? A lot of meat? If so, head on over to Gauchos Brazilian Steakhouse, where the dining experience centers around a nonstop parade of servers carrying sizzling skewers of meat to diners. And by meat we mean: filet wrapped in bacon prime rib, flank steak, short ribs, sirloin, lamb, chicken wrapped in bacon, sausage, pork loin, pork ribs, and chicken hearts. Seriously, pace yourself. This experience is not for amateurs and most definitely not for vegetarians.

BREAKFAST

<u>AIRPORT DINER</u>

MANCHESTER

A 1950s-themed diner so named due to its proximity to Manchester-Boston Regional Airport, Airport Diner is popular with travelers and locals alike. Serving breakfast all day, as well as traditional comfort food (the tuna melt is amazing), the diner is a part of the Common Man family of restaurants and also serves up Common Man-made ice cream.

BAGEL CAFÉ

MANCHESTER

A word to the wise, decide what you're ordering before it's your turn at the counter of the Bagel Cafe, so as not to incur the annoyance of Manchester's version of the Soup Nazi. But even if you are met with a surly response when ordering, it's worth it. Bagel Cafe, a New York-style delicatessen, serves up the city's best bagels, a dozen varieties (the everything bagel is recommended) of which are made from scratch and baked fresh every day.

BIG EASY BAGEL

MANCHESTER

New Orleans, of course, is the "Big Easy." As such, Big Easy Bagel should probably have been named Big Apple Bagel given its focus on New York-style bagels and deli-style sandwiches. In any event, the offerings are good, especially the bagels (and the dozen-plus varieties of cream cheese and lox) and the BLT. Closed on Sunday.

JULIEN'S CORNER KITCHEN

MANCHESTER

If your grandmother had a restaurant, it would probably look a little bit like Julien's. This kitschy neighborhood joint on the corner of Union Street serves up traditional breakfast food at affordable prices and is, as a result, one of Manchester's more popular weekend brunch spots. It's not uncommon to see people lined up outside on a Saturday or Sunday mornings, but the wait never seems to be more than 20 minutes or so. Breakfast and lunch only.

MARY ANN'S DINER

DERRY

When MaryAnn's Diner Restaurant opened its doors in 1989, we opened the doors with the idea of giving our customers the best service, homemade food, and atmosphere we could. Without any previous restaurant experience we waited on our customers the way we would like to be waited on when we go out to eat. The servings are the size we would like to have when we dine out in an atmosphere we would love to dine in. We are glad to see that there are many more of you that like these same qualities also. We have gained so many friendships out of our awesome clientele and would like to thank each and every one of you for your continued patronage.

MURPHY'S DINER

MANCHESTER

Situated adjacent to Murphy's Taproom, Murphy's Diner is a good place for breakfast anytime of day, whether one needs to sober up or not. Indeed, where else will you find items like Captain Crunch french toast (or a Captain Crunch milkshake) and red velvet pancakes?

PURPLE FINCH

BEDFORD

They are in the center of the Bedford business district. Whether you are craving a delicious coffee before work or looking for a tasteful lunch, they strive to support local businesses by purchasing from nearby vendors. Many of their products include their line of New England Coffees - manufactured, produced or grown in New Hampshire.

RED BARN DINER

MANCHESTER

You wouldn't know it from the outside, but inside the Red Barn Diner sits a 1920s era train dining car, around which many additions have been built since the car was placed in its south Elm Street location in 1930. Offering typical diner fare, the Red Barn is open 24 hours a day from early Thursday morning through Sunday afternoon.

THE FRIENDLY TOAST

BEDFORD

Homemade innovative food, served in a hip and cool environment with eclectic decor. They serve breakfast, lunch, dinner all day every day, along with a full bar with unique drinks to match (think martinis with pop rocks rims and mimosa flights).



TUCKER'S

HOOKSETT

At Tucker's, they work hard to build a truly great New Hampshire brand. Together, with their dedicated team, in collaboration with their local partnerships, and with the invaluable input of their customers, they build their brand based on the original Tucker's recipe: "Good Eats, Great People."

COFFEE & CAFE

A&E COFFEE ROASTERY & TEA

MANCHESTER

A certified organic and shade-grown coffee roastery and whole-leaf tea purveyor, A&E roasts its own beans at its facility in nearby Amherst. Their small downtown location offers hot and cold coffee and tea beverages as well as smoothies and espresso-based drinks. The shop also sells coffee beans and whole-leaf teas for customers to enjoy at home. A limited, pastry-focused menu is also available.

APOTHECA FLOWER & TEA SHOPPE

GOFFSTOWN

Apotheca is an upscale full-service flower shoppe, art gallery and coffee & tea bar! Outstanding floral art, gourmet pastries, luncheon items, and an amazing atmosphere provide a true gem in the heart of Goffstown Village. Their retail section hosts great gifts in support of local artisans.

AROMA JOE'S COFFEE

MANCHESTER

The south end has Dunkin' Donuts, of course, and Starbucks, but if you want more local flavor, choose Aroma Joe's. Featuring all of the usual coffee drinks — lattes, espresso, regular coffee, and the like — what makes Aroma Joe's stand out is the service: no intercom drive-throughs here — all orders are made face to face. If you're in need of extra productivity, check out their Rush drinks - similar to Red Bull.



CAFE LA REINE

MANCHESTER

A mashup of the Left Bank of Paris and a New Hampshire ski lodge, Café la Reine is a charming coffee house offering high-quality, hand-crafted, local coffee and espresso, along with a wide selection of premium teas. The cafe also offers wildly popular açaí bowls, toasts, smoothies and juices. If you want to somewhere to linger on a rainy or snowy day, cozy Cafe la Reine, which offers free wifi, is your spot.

CROSBIE STREET SUNOCO

MANCHESTER

Some of the best coffee in town at a place you would not expect. Offering 8-10 hot and iced flavors daily.

ELLIOT COMMONS

MANCHESTER

While it might not make take home the award for Best Date Night Restaurant, Elliot Commons, a public dining facility located on the ground floor of Elliot Hospital, serves up some pretty good fare in its cafe-style restaurant which features a hand-tossed pizzeria, a grill section, a deli, various entrees, a large salad bar, and an authentic Italian gelato station. Oh, the prices are very reasonable.

FLIGHT COFFEE CO. ROCKS

BEDFORD

If you like coffee, Flight Coffee Co. is your kind of place! A true artisan roaster with a roasting lab and tasting room in Bedford, a great place to learn about your favorite pick-me-up! If you start drinking Flight, you may never switch to anything else. We know we haven't!

GREEN BIKE SMOOTHIES

MANCHESTER

It should come as no surprise that Green Bike Smoothies — an offshoot of adjacent Fortitude Health and Training — specializes in healthy organic-based smoothies whose recipes are crafted by the owner, a certified nutrition and wellness coach. In addition to smoothies, acai smoothie bowls are also for sale, as are wellness shots, energy bars, and yogurt parfaits. Closed Sunday.

RESTORATION CAFÉ

MANCHESTER

Located inside the Flats @ Hanover Commons, a building housing micro-apartments and office space, Restoration Cafe is open to the public and serves tasty fare from well-known city chef Tom Puskarich. Most of the items tend toward the healthy (think quinoa bowls, smoothies, and items with ingredients like acai and kale), but the menu also includes items like pot roast pressed sandwiches and chorizo breakfast tacos. The Pressed Tuna & Egg may be, by far, the best sandwich in the City. Open for breakfast and lunch. Closed Saturday and Sunday, except during the spring and summer, when brunch is served.

ROOTS CAFE

HOOKSETT

Cafe & catering company located in Robie's Country Store. Offering local retail & groceries, event space, farm to table menu & delivery. They work with local farmers and craftsmen to ensure quality products that they can stand behind. Bringing back local produce, meats, arts, grains, and dairy, and promise to always find the freshest and most unique products available.

THE COFFEE FACTORY

DERRY

Offers the passionate coffee drinker the finest fresh coffees available in the area. Their success is in the extra care and effort they take in roasting all of their coffees on-site. This gives them control over quality and cost value that our customers appreciate. They offer a full range of espresso beverages with monthly specialty drinks created by their on-site baristas.

THE GRIND RAIL TRAIL CAFE

DERRY

The Grind's original Derry locations in on Broadway, just across from the Derry Rail Trail. Bike and on-street parking are available. Kids and well behaved 'fur kids' are always welcome. Kids don't need a leash.

THE LOCAL MOOSE CAFÉ

MANCHESTER

Providing Manchester with local, sustainable, and delicious food is The Local Moose Cafe. This small farm-to-table breakfast and lunch spot features a small, but tasty menu (in addition to daily specials) featuring everything from bahn mi and cubano sandwiches to maple bacon doughnuts made on the premises. Many gluten free and vegan options are available too, as is great coffee and espresso. Closed Monday.

WEST SIDE GRILL CAFETERIA

MANCHESTER

Meeting the hunger and health needs of staff and visitors of Catholic Medical Center, the West Side Grill Cafeteria boasts a fresh and diverse soup and salad bar, a hot buffet, a custom sandwich bar and grill, and various pizza selections. Seating is under a beautiful atrium. The cafeteria also serves up the best pork pie (a French Canadian specialty) in the city, though unfortunately it's not on the menu everyday.

GLOBAL & ECLECTIC

MINT BISTRO

MANCHESTER

Featuring a sophisticated global fusion menu in a chic atmosphere, Mint Bistro's offerings range from the Mediterranean (lamb kibbeh) to the subcontinent (coconut curry chicken) to the New England coast (Maine lobster rangoon), all of which are excellent. But where Mint receives the most accolades is its sushi, which is widely regarded as the best in the city. Featuring an extraordinary selection of fresh and artfully-created sushi and sashimi, Mint will not disappoint. Dinner only during the week, lunch and dinner on the weekends.

XO ON ELM

MANCHESTER

With an inviting contemporary decor, XO on Elm is a great place for a cocktail (go for one of the martinis) or a upscale meal. Featuring a global menu, XO tapas selections of note include the stuffed dates, the lamb lollipops, and the truffled goat cheese and wild mushroom strudel. As for entrees, consider the pan seared duck or the sweet chili pomegranate glazed salmon. Dinner only. Closed Sunday.

GOURMET MEALS TO-GO

ALL REAL MEAL

MANCHESTER

Voted Best of New Hampshire by New Hampshire Magazine for 'Gourmet To Go' 2017 and 2018 All Real Meal offers you a couple ways to eat real. Stop by their store and grab fully cooked, ready meals - menu staples and weekly specials as well as the best paleo, vegan, and low carb options. Or order online for weekly Tuesday delivery of locally sourced, fully prepared meals delivered to your home or workplace. Everything is delivered cold and fresh. Minimum order for delivery \$39.

HUNGARIAN

LALA'S HUNGARIAN PASTRY

MANCHESTER

Don't let the name fool you: Lala's Hungarian Pastry sells a lot more than Hungarian pastries (which are, indeed, delectable - definitely try the dobos torta). The cuisine of Magyar and much of the rest of central Europe — think goulash, schnitzel, stuffed cabbage — can be found at Lala's. Cash only for orders less than \$10. Closed Sunday.

INDIAN

ASIAN KEBAB & GRILL

MANCHESTER

This hole-in-the-wall eatery, connected to a small ethnic grocery store in not the most attractive neighborhood, is a hidden gem. Located far from the city's restaurant clusters, Asian Kebab & Grill offers up solid versions of standard Indian favorites like butter chicken and palak paneer. Looking for something a little different? Try the goat pepper fry.

ROYAL INDIA

MANCHESTER

The newest entrant in the city's Indian food scene, Royal India serves up Indian favorites at decent prices. The lunch buffet, offered every day of the week, serves up the dishes you'd expect to find on an Indian buffet: chicken tikka masala, tandoori chicken, aloo mattar, chana masala, saag paneer, dal makhani, and the like.

TAJ INDIA

MANCHESTER

While dishes at many Indian restaurants tend to be on the heavy side, Taj India's dishes are light, airy (well, at least by Indian standards), and just the right amount of sweet. You'll find all the Indian standards here, and they won't disappoint, but you'll also find some more relatively unusual dishes here, including a great selection of seafood dishes like shrimp vindaloo and fish madras. Taj India also offers an excellent lunch buffet seven days a week, and if you're lucky, it will feature the lamb curry or mango chicken.



ITALIAN

CAMPO ENOTECA

MANCHESTER

From the owners of the wildly popular Republic Cafe a few blocks up the street, Campo Enoteca strives to bring the best of modern Roman cuisine to Manchester. And it does, with fresh pasta made daily, artisanal breads baked on premise, antipasti, crostini, and an assortment of Italian charcuterie and cheese. As with its sister restaurant Republic, Campo diners are encouraged to mix and match several small dishes, which is helped by the fact that the restaurant will serve half-size portions of any of its pastas. Italian wines aplenty are also available. Closed Sunday.

CELLOS FARMHOUSE ITALIAN

CANDIA

Featuring both classic and rustic Italian dishes made with fresh ingredients. They are served in a warm and lively atmosphere with a team of enthusiastic foodies who get excited to serve great food and spirits.

FRATELLO'S ITALIAN GRILLE

MANCHESTER

Featuring all your favorite pastas and pizzas, where Fratello's stands out is with its Italian seafood dishes. Of particular note is the Seafood Sophia. Carnivores will like the Italian Pie. Likewise, for an Italian restaurant, Fratello's boasts an impressive gluten-free menu. If the weather's nice, sit outside on the deck or the patio.

GIORGIO'S RISTORANTE

MANCHESTER

Featuring the cuisine of Italy and Greece — the building's facade is modelled on the Palace of Knossos in Crete — Georgio's is one of the city's newest restaurants. Unique dishes include a pumpkin-sweet potato moussaka, braised short rib filo, and haddock foilaki.

MANGIA

MANCHESTER

This tiny Italian eatery almost gets lost in the mainly commercial strip that is south Elm Street, but it's worth seeking out. The menu is pasta heavy, but that's quite okay as it's all handmade and delicious. Carnivores will enjoy the penne all'amatriciana. Vegetarians will like the cannelloni. Note that this is a BYOB establishment. Also note that there's a New Hampshire Liquor and Wine Outlet just a fit farther south down Elm Street. Dinner only. Closed Sunday.

PICCOLA ITALIA RISTORANTE

MANCHESTER

The Grandfather of downtown's Italian restaurant and recently treated to a face lift, Piccola's regulars rave about the eggplant della nonna, the butternut squash ravioli, and the veal piccola italia.

PRESTO CRAFT KITCHEN

MANCHESTER

Manchester's first craft kitchen and carry-out experience dedicated and committed to giving you a delicious, fun, and exciting experience.

SABATINO'S NORTH ITALIAN RESTAURANT

DERRY

Originally opened in 1969 in the North End by Bill Sabatino, Sabatino's is an authentic italian restaurant. In 2007 Bill's son, Joe, opened Sabatino's North. They bring with them the classic tastes of the North End with the friendly atmosphere that their customers always look forward to.

VILLAGIO RESTAURANTE

MANCHESTER

As your mom no doubt told you, don't judge a book by its cover. Located in a former KFC in a strip mall-type building, Villagio Restaurante doesn't look like much from the outside. But it's what's on the inside, and on the plate, that counts. And in Villagio's case, that's dishes like homemade manicotti, lobster risotto, and pollo ripieno. Dinner only Monday through Friday. Both lunch and dinner are served on Saturday and Sunday.

LATIN AMERICAN

ANTOJITOS COLUMBIANOS

MANCHESTER

Drop by their kid-friendly Colombian spot, where they serve-up a menu which includes comfort food. They also offer takeout. Closed on Tuesdays.

RODRIGUEZ MARKET & RESTAURANT

MANCHESTER

In addition to selling beer, lottery tickets, and pre-packaged foods like every other bodega in the city, Rodriguez Market & Restaurant also offers a variety of tasty Latin American and Caribbean take-out, with menu items ranging from mofongo to abichuela con dulce to empanadas and chicharron.

MEDITERRANEAN

AMPHORA

DERRY

Amphora's cuisine has been a special treat to patrons since opening their doors, providing authentic Greek fare and outstanding customer service. This award, however, is not strictly about the food...but the compassion, dedication and good citizenship of Peter Tsoupelis (owner) and his volunteer efforts with the American Cancer Relay For Life of Derry and Londonderry for the past four years.

REPUBLIC CAFÉ

MANCHESTER

Modeled on the European version of a "bar," Republic has become the favorite restaurant of many Manchester residents. The restaurant features a Mediterranean-inspired menu that sources many of its ingredients from local farms and fisheries. Popular entrees include chicken confit, falafel fried cod, and vegetable tagine, though it's also fun to make a meal of several of Republic's small plates, including their North African spiced pickled vegetables, Spanish meatballs, and whipped fresh spicy feta with harissa. Diners will also appreciate the restaurant's avant garde art, which was created by co-owner Claudia Rippee, who also teaches at the nearby New Hampshire Institute of Art.

THE GYRO SPOT

MANCHESTER

Described by some as a Chipotle for Greek food, this eatery specializes in, well, gyros, of the pork, chicken, and veggie varieties. The staff might try and talk you into getting fries inside your gyro - GO FOR IT! Order the feta fries (on the side). If you're in the mood for something lighter, try the avgolemono (chicken lemon soup) or the fakes (vegetarian lentil soup). And for dessert, you can't go wrong with the baklava. Closed Sunday.

ZEM ZEM MEDITERRANEAN RESTAURANT

MANCHESTER

Homemade and fresh middle eastern food. Closed Monday.

MEXICAN

CONSUELO'S TAQUERIA

MANCHESTER

This small, charming taqueria also has a relatively small menu, but that's okay, because everything on it is delicious. Favorites include the chorizo tacos, chile verde burritos, any of the tortas, and the tortilla soup. For liquid refreshment, try the horchata or the sangria.

DON QUIJOTE

MANCHESTER

Serving up a melange of Latino fare, Don Quijote's specialties include Caribbean staples like chicharrones, oxtail, fried plantains, and, of course, fried plantains.

EL RINCON

MANCHESTER

Perhaps the most authentic Mexican restaurant north of Boston, El Rincon is a homey hole-in-the-wall located directly across the street from the SNHU Arena. If you're starving, go for the Burrito El Rincon, which will not disappoint. Otherwise, consider the tamales. El Rincon also serves up outstanding pozole and menudo stews. Closed Monday.

LA CARRETA MEXICAN RESTAURANT

DERRY, HOOKSETT, MANCHESTER

This popular Mexican joint has four locations in the region that keep diners coming back again and again for quality Mexican favorites including fajitas, burritos (try the chile verde variety), and assorted other favorites. Vegetarians will appreciate the decent meat-free menu, which includes options like spinach burritos, mashed potato enchiladas, and veggie tamales.

LA FIESTA MEXICO

MANCHESTER

The newest entrant on to the Mexican food scene in Manchester, La Fiesta Mexico serves up your standard south-of-the-border fare, from quesadillas and fajitas to tacos and burritos. Some of the more interesting entree choices are located on the seafood portion of the menu, which includes crab enchiladas and pescado yucatan.

PUERTO VALLARTA MEXICAN GRILL

MANCHESTER

Among the city's Mexican food aficionados, Puerto Vallarta receives high marks for its authentic cuisine, especially the molcajete, the chorizo dishes, and the habanero shrimp ceviche. Closed Mondays.

TAQUERIA LA GUADALUPANA

MANCHESTER

It doesn't look like much from the outside — nor from the inside for that matter, unless you just love the now-deceased Mexican pop star Jenni Rivera — but Taqueria la Guadalupana serves the most authentic Mexican food on the East Side. The tacos are to die for, as are the sopes. But know before you go: the establishment is cash only and the person taking your order might or might not speak English, so go ahead and download that translation app if it's been a few years since your high school Spanish class.



NEPALESE

CAFE MOMO

MANCHESTER

This small, cozy Nepalese restaurant located a stone's throw from I-93 on upper Hanover Street just might be the best restaurant in Manchester. Whatever you entree you choose (the goat curry rice is amazing), your first selection needs to be an order of momos, the delicious Nepalese dumplings which you can have filled with everything from vegetables or chicken to buffalo or wild boar. Cafe Momo is NOT to be missed. Closed on Monday.

KATHMANDU SPICE

MANCHESTER

Cuisines from two of the world's tastiest cultures come together at Kathmandu Spice, which features the food of both India and Nepal. More interesting choices include bhindi do pyaza (okra sauteed with onion, bell peppers, and spices) on the Indian side of the menu and hash ko maasu (duck curry) on the Nepali side of the menu. The restaurant features a mainly Indian buffet at lunch.

PIZZA

900 DEGREES NEAPOLITAN PIZZERIA

MANCHESTER

In Naples, pizza is traditionally made using a wood-fired brick oven which cooks at an average temperature of 900° Fahrenheit. Such is the concept of 900 Degrees, which uses makes its own dough every day and uses fresh ingredients to make its thin crust pies. While it's hard to go wrong with any of the pizzas, one standout is the roasted chicken barbecue pizza. No matter what pizza you choose, all can be made with gluten free crusts. The restaurant has also been recognized for its responsible environmental practices.

ALLEY CAT PIZZERIA

MANCHESTER

Laying claim to the city's largest pizza, the XXL 20-incher, Alley Cat Pizzeria is perennially voted "Best Pizza in Manchester" by readers of Hippo Press. Featuring thin crust, New York-style pies, Alley Cat shines in its specialty pizza selection. We love the White Cat, with olive oil, garlic and oregano — no tomato sauce at all. While most of Alley Cat's business is take out and delivery, there are a few small tables for those wishing to dine in.

CAESARIO'S

MANCHESTER

With its large neon sign, it's hard to miss Caesario's when walking down Elm Street. In a city rife with pizza and sub shops, Caesario's is one of the pioneers, having been in business since 1969. Known primarily for its New York style pizza, the casual eatery sells an array of Mediterranean offerings, from calzones to spinach pitas. But whatever you order, be sure get a side of Caesario's famous seasoned fries.

PIZZA 911

GOFFSTOWN & MANCHESTER

Pizza 911 was established in 2011 with a passion for great pizza, sub sandwiches, and salads. They believe that a fun and friendly atmosphere should be a part of your dining experience. Stop in on your lunch break, order delivery, or grab a booth – their goal is to make you smile.

SAL'S PIZZA

HOOKSETT & MANCHESTER

Inspired by Boston's North End eateries, Sal Lupoli opened Sal's Pizza in 1990 with his brother, Nick, in Salem. With a passion for hard work, the Lupoli brothers used fresh ingredients, prepared dough daily and established a reputation for the best quality, the largest pizza and the lowest price—their 19-inch, three-pound pizza, quickly became a legend and is the cornerstone of every Sal's Pizza today.

VINTAGE PIZZA

MANCHESTER

Vintage Pizza offers a wide variety of fresh and flavorful pizzas, subs, salads, and more. Order online or dine-in today!



QUEBECOIS/CANADIAN

CHEZ VACHON

MANCHESTER

No trip to the West Side, aka Little Canada, is complete with a visit to Chez Vachon, which serves up French Canadian classics like poutine (French fries topped with cheese curds and a light brown gravy), Montreal-style smoked meats, and pork and salmon pies. This diner also serves a variety of American-style breakfast and lunch options, but really, you can get omelettes or hamburgers anywhere — go for the poutine. Open for breakfast and lunch only.

SEAFOOD

CREMELAND DRIVE-IN

MANCHESTER

If you've been looking for a drive-in that specializes in fried seafood and ice cream, Cremeland is the place for you. Actually, it's the place for most of Manchester between mid-March and mid-October, when lines will sometimes be 30 people deep waiting to order at this popular establishment's walk-up counters. While in line be prepared to listen/be subjected to doo-wop and other 50s tunes. But the ice cream, made on site, is worth it.

GOLDENROD DRIVE-IN RESTAURANT

MANCHESTER

Known for its fried seafood (especially its belly clams), chicken tenders, and burgers, Goldenrod, which has been an East Side staple since 1951, is perhaps most loved for its ice cream, of which it boasts 37 flavors in addition to frozen yogurt, sherbet, and sorbet. On warm summer nights you'll find lines to the walk-up window snaking through the parking lot, but fear not: it's worth the wait.

HOOKED SEAFOOD RESTAURANT

MANCHESTER

A small seafood restaurant on the corner of Hanover and Chestnut streets, Hooked has a menu that is the envy of much larger establishments. Appetizers include Costa Rican fish tacos and Sicilian escargot, while entrees include winners like tandoori salmon on the grill and fresh basil panko-encrusted tilapia.

SOUPS & SANDWICHES

B&B CAFE AND GRILL

MANCHESTER

While you can get all manner of lunch items at B & B Cafe and Grill, where this small venue shines is breakfast, and breakfast sandwiches in particular. B & B also sells an impressive eighteen varieties of bagels. Closed Sundays in the summer.

BAYONA CAFÉ

MANCHESTER

Like its sister restaurant Waterworks Cafe, just down the street, Bayona Cafe caters to the modern day mill workers, in particular those in Jefferson Mill and environs. And also like WaterWorks, Bayona offers an eclectic mix of breakfast and lunch options that are made from only the freshest local ingredients. Our recommendation? Go for one of the flatbreads. We like the duck confit flatbread. Open for breakfast and lunch, Monday through Friday.

NADEAU'S SUBS

MANCHESTER

For some curious reason, Mancunians have an obsession with sub sandwiches (also referred to as grinders by some locals and Italian sandwiches by others), at least judging by the sheer volume of sub shops in the city. The granddaddy of them all is Nadeau's, established on the West Side in 1969, and now boasting four locations across the city, including one in the Millyard. If you have trouble choosing a sandwich, go for the steak tips sub, the local chain's signature sandwich, and one by which locals swear.

PATZ DELI AND CATERING

NH

MANCHESTER

Your next favorite spot for lunch! Patz Deli and Catering is a small but wonderful deli right next to City Hall in Manchester. High-quality meats, affordable prices, a hip atmosphere, and a great neighborhood vibe. Don't sleep on their breakfast items either!

THE BRIDGE CAFÉ

MANCHESTER

Serving breakfast and lunch (both served all day), Bridge Cafe provides both good food and good people watching. In addition to its paninis and its award-winning muffins and scones, Bridge Cafe is known for its juices and smoothies. Can't decide? Try the Green Monster smoothie made with almond milk, banana, almond butter, fresh kale, and a forti flax booster — nutritious and delicious. Oh, and be sure to check out their weekly specials.



UNITY CAFÉ

MANCHESTER

A sister cafe to the Millyard's Waterworks Cafe and Bayona Cafe, Unity Cafe is the Tidewater family of restaurants' outpost in the Sundial Center. The cafe caters primarily to those working in the Sundial Center by providing convenient, gourmet-style breakfast and lunch options (think bananas foster french toast and oyster po-boys). Closed on Sunday.

WATERWORKS CAFÉ

MANCHESTER

Catering primarily to those working in the Waumbec and surrounding mills, Waterworks Cafe is a great spot for breakfast or lunch as it features innovative café fare from the finest local and fresh-sourced products. The dining experience in this recently renovated mill space is enhanced by the cafe's exposed brick and beams and floor-to-ceiling windows that allow diners to catch a glimpse of the Merrimack River flowing by just a few feet away.

SWEETS & ICE CREAM

BEN & JERRY'S

MANCHESTER

From a renovated gas station in Burlington, Vermont, to far-off places with names we sometimes mispronounce, the journey that began in 1978 with 2 guys and the ice cream business they built is as legendary as the ice cream is euphoric. Collossal chunks and exquisite nibbles, specially selected for their "oh, my!" excellence. Sensational swirls and wicked rich whorls thick enough to lose your spoon in. The passion they have for creating innovative flavors and concoctions of uncompromisingly high quality.

DANCING LION CHOCOLATE

MANCHESTER

Founded in 2007 by Rich Tango-Lowry, a physicist who went on to earn Master Chocolatier designations from Ecole Du Grand Chocolat Valrhona in Tain L'Hermitage, France, and Ecole Chocolat in Tuscany, Dancing Lion features gourmet bonbons and truffles, artisan chocolate bars, and even chocolate art. Locals swear by the Mayan drinking chocolate and the croissants. Dancing Lion offers one different lunch option each week. It's always vegetarian and always contains chocolate. Closed Sunday and Monday.

DULCES BAKERY

MANCHESTER

A true multicultural bakery, Dulce's honors its West Side location with eclairs, macaroons, and whoopie pies, and also offers the requisite cupcakes and cake pops, but where this small storefront bakery really shines is with is Latin sweets and pastries, including pastelillos de guava, Spanish sugar cookies, and its very popular tres leches cups. Closed Sunday and Monday.

EVERYTHING BUT THE G

MANCHESTER

100% Gluten Free Cupcakes. Vegan and other allergen friendly options available upon request. With everything made fresh to order.

FREDERICK'S PASTRIES

BEDFORD

Frederick's Pastries is cake specialty shop located. All of their items are baked from scratch and fresh. Whether you are looking for your dream wedding cake, celebrating a special occasion or just treating your family to something sweet, stop by and taste their decadent selections. See for yourself why they've been voted the Best of NH for 16 years.

GRANITE STATE CANDY SHOPPE

MANCHESTER

If you walk down Elm Street with children in tow, it's almost guaranteed you'll be dragged inside Granite State Candy Shoppe. Not that that's a bad thing. Indeed, it is not (especially for Queen City dentists). From chocolates and fudge, to maple candy, nuts and brittles, and old fashioned candies of all varieties, this confectionary company has been keeping area dentists in business since 1927. They also serve ice cream.

MICHELLE'S GOURMET PASTRIES AND DELI

MANCHESTER

A small bakery located on the corner of Union and Salmon streets, Michelle's indulges the North End's collective sweet tooth. Making and selling everything from chocolate chip cookies to wedding cakes, where the bakery really shines is with its tortes, several varieties of which are always available. Michelle's also boasts a small deli section selling sandwiches, wraps, and salads. No seating is available inside the bakery, however. If the weather's nice, take your purchases to one of several nearby parks for a picnic. Closed Sunday.

PURITAN ICE CREAM

MANCHESTER

Started as an ice cream and candy shop on Hanover Street in nearly a century ago, the Puritan ice cream and take out stand, located in front The Puritan Backroom restaurant, still uses candy recipes from 1917 to make its wildly popular frozen treats, which it does on the premises. The Puritan offers all of the usual ice cream flavors, but where it stands out is in its specialty ice creams, including Grape-Nut and, in tribute to the business's Greek heritage, baklava ice cream.

QUEEN CITY CUPCAKES

MANCHESTER

When there are lines out the door, you know an establishment is doing something right. Queen City Cupcakes is Manchester's premier cupcakery, whose gourmet cupcakes are made from scratch daily.. With limited baking capacity, when the cupcakes are gone, they're gone. Get there early to get your hands on cupcakes with flavors including chai latte, lime coconut, and maple bacon. Closed Sunday and Monday.

THE BAKESHOP ON KELLEY STREET

MANCHESTER

If you get nothing else at The Bakeshop on Kelley Street, make sure you get some of the hot cider donut holes. Or any of the other pastries and sweets, really. The homemade bagels and English muffins are also great, as are the soups, sandwiches offered at this cozy neighborhood bakery. Highly recommended.

VAN OTIS CHOCOLATES

MANCHESTER

Founded in 1935, Van Otis Chocolates, is the gueen of the Queen City's confectionary shops and has been voted NH's best chocolate for more than a dozen straight years. Their specialty is Swiss fudge, but also makes everything from gourmet chocolate and liquor cordials to truffles and assorted candies. Can't decide? Try before you buy as Van Otis is generous with free samples of its wares.

WILD ORCHID BAKERY POCKS



MANCHESTER

Baked-from-scratch recipes and unique island-style pastries. Everything with a dash of passion, a teaspoon of spice, and a cup of art to every order

TAPAS

DRAE

DERRY

Their goal is to deliver you a unique experience of flavor in an inviting atmosphere with excellent service. Their menu is designed to be fun. All dishes were created for Tapas dining, small portions for one; or two to share.

GRANITE TAPAS & COCKTAIL LOUNGE

HOOKSETT

Granite Tapas & Cocktail Lounge is the destination for those seeking great food and drinks in a friendly and rustic atmosphere. Transport back to the late 1800s -Where you can immerse in the history and nostalgia of New Hampshire's Granite Quarry Industry.

THE BIRCH ON ELM

MANCHESTER

Featuring a globally-inspired and locally-sourced 20-item menu, The Birch on Elm offers small (tapas), medium, and full-size plates. The restaurant has an impressive craft cocktail and craft beers menus. Closed on Mondays, dinner only on Tuesday and Wednesdays.

THAI

BANGKOK THAI

LONDONDERRY

Thai and hot pot restaurant.

DAW KUN THAI

MANCHESTER

A full-service thai food restaurant. Located near Manchester Airport, they offer dine-in, carry-out and pick up.

LAKORN THAI

MANCHESTER

The entrees at Lakorn Thai are pretty standard Thai fare, but they're good. Standouts include the appetizers, including the curry puffs and the Bangkok tofu. Closed Sunday.

VEGAN

GOOD & PLANTY

MANCHESTER

A virtual plant-based kitchen created by the owner of Restoration Cafe. Their menu includes delicious juices, smoothies, bowls, toasts and sandwiches. The Impossible Burger is DIVINE. Also available for delivery via Uber Eats, GrubHub and DoorDash.

VIETNAMESE

PHO GOLDEN BOWL

MANCHESTER

Pho Golden Bowl has been serving Vietnamese and Chinese food in Manchester for more than 10 years using fresh ingredients brought up from Boston every day. They are best known for their chicken, beef, and sate pho, chicken bun and rice plates, and their summer rolls.

SAIGON NOODLES

MANCHESTER

Among the hole-in-the-wall restaurants that dot the Center City, Saigon Noodles is among the best. This Vietnamese place serves up eight delicious varieties of pho, as well as noodle dishes, banh mi, banh cuon (Vietnamese noodles), and pretty great spring rolls. If it's your first time, go for the House Special, comprised of noodles, sliced beef, beef balls, and tripe. If it's hot outside, try the delicious Vietnamese iced coffee. Closed Monday.

Greater Manchester is awash in craft beer and mead. Find out where to find it and enjoy it in this section.

603 BREWERY

LONDONDERRY

Named for New Hampshire's area code, 603 Brewery produces a number of Granite State-themed beers including 18 Mile Rye Pale Ale, Winni Ale, Waterville Wheat, Cogway IPA, and more. 603's tasting room is open Thursday through Saturday afternoons. Here you can purchase samples to consume on site, or growlers, 22-ounce bottles, cans, and the famous "603 Beer Gear." Tours are also available.

ANCIENT FIRE MEAD AND CIDER ROCKS



MANCHESTER

Mead is a fermented beverage made from honey with a history dating back almost 9,000 years. Try the modern variety, along with some tasty ciders as well, at the Ancient Fire tasting room on Thursday and Friday evenings and Saturday afternoons. An educational tour is also offered on Saturdays. Bottled product and growler fills can also be had at the taproom.

BACKYARD BREWERY ROCKS



MANCHESTER

Creating clean, artisanally-made beers for all to enjoy and serving them in an atmosphere aiming for an English Publick House vibe, Backyard Brewery serves with an emphasis on true-to-style European beers, especially German lagers. A full food menu is also available.

CANDIA ROAD BREWING COMPANY

MANCHESTER

As owners of Candia Road Convenience in Manchester, the brothers of the The Neel and Titone families were in a unique position to capitalize on the growing popularity of micro and crated brews as the 20th century drew to a close. The brothers were dubbed "drinking consultants" and that reputation grew throughout southern NH and much of northern New England. A family and friend run nano brewery, taproom and home brew supply shop, with knowledgeable brewers who can offer friendly assistance for all your home brewing needs.

FROM THE BARREL

LONDONDERRY

This nano-brewery brews up small batches of extremely fresh beer and specializes in hop-forward ales along with porters and stouts. While all of From the Barrel's offerings are great, make sure you try the Lily IPA and the Remedy Porter if they're on tap. Open Friday and Saturday afternoons.

GREAT NORTH ALEWORKS



MANCHESTER

Like many a start-up craft brewery, Great North Aleworks is located in an industrial park. But don't let that deter you from stopping by this 20-barrel brewhouse which features a pretty sweet tasting room serving up 4 oz. samples, pints, and flights of three signature beers: a smoked beer, a robust vanilla porter, and an IPA, as well as a seasonal specialty or two. Growlers and 12 oz. cans are also available. Open Thursday, Friday, and Saturday.

KELSEN BREWING COMPANY

DERRY

This small, award-winning brewery is focused on pushing the limits of classic beer styles. Kelsen's tasting room usually features its core beers — Paradigm Brown Ale, Battle Axe IPA, and Draken Robust Porter — in addition to special, limited-release beers. Open afternoons Wednesday through Sunday.

LIVE FREE DISTILLERY ROCKS



MANCHESTER

Live Free Distillery is owned and operated by André Marcoux. André started out as a hobby distiller in early 2010. Destroying his wife's stockpot and a large stainless bowl to create his first still. After doing his first run under his deck, with a turkey fryer, he really wanted to get into distillation more and more. So he gave his wife the option of setting up a small distillery or a grow room in the basement. Of course, she chose the lesser of two evils, even tho they are both illegal. Through the years André was able to build all of his equipment right here in the Granite State. From the brewhouse to the Two stills.





LONG BLUE CAT BREWING

LONDONDERRY

The newest of Londonderry's craft breweries, Long Blue Cat serves up ales, stouts, IPAs, and even a Mexican-style lager. A limited food menu is available. Open Wednesday through Sunday.

MOONLIGHT MEADERY

LONDONDERRY

Internationally known and the recipient of numerous awards, Moonlight Meadery produces and sells mead, the world's oldest fermented beverage made from honey. Visitors can enjoy in-depth tours and tastings seven days a week.

PIPE DREAM BREWING

LONDONDERRY

A veteran-owned, laid back, West Coast-inspired brew pub, Pipe Dream Brewing boasts an ever-changing tap list. Enjoy their beers via a flight or choose your favorite pint. Open Wednesday through Sunday afternoons.

ROCKINGHAM BREWING COMPANY

DERRY

A 10-barrel craft brewery, Rockingham Brewing Company produces four year-round styles, including a popular bacon imperial stout, as well as four rotating styles, all of which can be sampled in Rockingham's well-appointed tasting room, where bottles and growlers can also be had. Open afternoons Thursday through Sunday.

STARK BREWING COMPANY ROCKS

MANCHESTER

What's now known as Stark Brewing Company pioneered the craft beer scene in Manchester, opening back in 1994. In addition to offering an array of beer in a brew pub setting, Stark Brewing Company offers a full menu and events as diverse as the "Slam Free or Die" weekly slam poetry series.

THE BIERGARTEN

MERRIMACK

The Biergarten provides a relaxing Restaurant and Bar setting that's perfect for any gathering. Mobile tables and couches make it great to customize your own floor plan! This indoor facility can host up to 150 guests when linked together with the Outdoor Patio. Check out their website for seasonal events. Closed on Monday & Tuesday

TO SHARE BREWING COMPANY

MANCHESTER

Jenni & Aaron Share have been brewing beer since 2003. Since falling in love with the Granite State, and the city of Manchester, in particular they wanted to give back to the community and provide great craft beer to the people. Stay awhile and check out shuffleboard, pinball, foosball, the chalkboard wall and board games.

From the obscure to the regionally-renowned, this section highlights the museums, galleries, and spots of historical importance that showcase the region's cultural diversity.

AMERICA'S CREDIT UNION MUSEUM

MANCHESTER

There are some 7,000 credit unions in the United States that serve some 100 million members. And they all got their start on the West Side of Manchester. Housed in the original building of what's known today as St. Mary's Bank — the nation's first credit union — America's Credit Union Museum tells the story of how these non-profit cooperative financial institutions got their start, the challenges they've overcome, and where the movement is headed in the future.

AMOSKEAG FISHWAYS LEARNING AND VISITORS CENTER

MANCHESTER

Located at Amoskeag Falls on the Merrimack River, Amoskeag Fishways is an environmental education center that houses an interactive exhibit hall that allows visitors to explore the Merrimack River. The exhibits focus on the Merrimack River watershed, historical use of the Amoskeag area, and river wildlife. Visitors can view live turtles, frogs and salmon, play a salmon migration game, generate electricity, and more. In May and June, visitors can experience the unique opportunity to view migrating shad, herring and sea lamprey in the fishways' underwater viewing windows. These windows look into a 54-step fish ladder that allows migrating fish to swim around the Amoskeag Dam and continue on their way up the river to reproduce.

ARGH GALLERY

MANCHESTER

A fitting name for the city's newest art gallery. Showing work that is the widest in range in terms of subject matter. If the open flag is out, walk on in!

ART 3 GALLERY

MANCHESTER

Housed in a restored mill townhouse, Art 3 Gallery boasts an impressive collection of art by New Hampshire, New England, national, and international artists. From representational to abstract, in a wide range of media, available artwork includes original oils, watercolors, pastels, and collage. Posters, limited edition prints, and lithographs round out a collection including sculptures in glass, ceramic, wood, metal, and fiber. All pieces are for sale. Closed Saturday and Sunday.

AVIATION MUSEUM OF NEW HAMPSHIRE

LONDONDERRY

Housed adjacent to Manchester-Boston Regional Airport and inside the airport's original 1937 art deco terminal, the Aviation Museum of New Hampshire highlights the people, places, events, and artifacts related to the aviation history of the Granite State. Of particular interest is the exhibit focused on Derry native Alan Shepard, the first American in space, who learned how to fly at the local airport.

CHAPEL ARTS CENTER

GOFFSTOWN

The Alva de Mars Megan Chapel Art Center is Saint Anselm College's gallery for the exhibition of fine art. Founded in 1967, this facility provides a gracious setting for special exhibitions and houses a permanent collection of artworks. It welcomes the campus and general public with exhibitions throughout the academic year.

CHARMINGFARE FARM

CANDIA

Charmingfare is a real working farm. The fields get plowed and planted, the rooster crows in the morning and the barn cats continue to chase the mice. Everything from farm animals to pet and feed, or North American wildlife like bears and wolves to visit. Summer camp and field trips, special events, Reptile Day, concerts, magic shows, hayrides, Halloween rides, pumpkin pickin', horseback trail riding, sleigh rides, Christmas events, and the Sugar Shack.

DIANE CRESPO FINE ART GALLERY

MANCHESTER

Featuring the works of New Hampshire artist Diane Crespo. Original landscape paintings in pastel and oil, notecards, and matted originals and prints. Art classes are offered for adults and kids age 10 and up. Closed Monday and Tuesday.

CURRIER MUSEUM OF ART

MANCHESTER

Located in the middle of a residential neighborhood, the Currier Museum of Art is an internationally-renowned art museum featuring European and American paintings from the Renaissance to the current day, including works from the likes of Picasso, Monet, O'Keeffe, Wyeth, and LeWitt. The museum also boasts an impressive collection of decorative arts, photographs, and sculptures, with exhibitions, tours, and programs year-round. Be sure and stop by the museum's open and airy Winter Garden Cafe if you're in need of lunch or a light snack. Closed on Tuesday.

DERRY MUSEUM OF HISTORY

DERRY

Preserving & presenting the artifacts & stories of Derry, from their founding as Nutfield to astronaut Alan Shepard and beyond. Free admission.

DIANE CREPSO FINE ART GALLERY

MANCHESTER

The gallery features landscape paintings from New Hampshire artist Diane Crespo. Diane's paintings capture the essence of a place and a moment in time as she interprets the landscape by using either pastel or oil. You can find Diane painting at the gallery on most days when the gallery is open. She would love to chat about her paintings when you stop by! Not open Mondays & Tuesdays!

FRANCO-AMERICAN CENTRE

MANCHESTER

The Franco-American Centre and Alliance Française de Manchester bring the past and the present together by offering a wide range of activities promoting French culture across the globe. Whether enjoying a wine-tasting excursion, attending a lecture on French travel or participating in a contemporary event involving French art, music and literature, there are opportunities for every taste and interest.



INGBRETSON STUDIO

MANCHESTER

Run by Paul Ingbretson, the leading modern day exponent of what became known as the "Boston School" of American art, Ingbretson Studio is open to the public every day from dawn to dusk between September 15 - June 15.

ISADORE J. AND LUCILLE ZIMMERMAN HOUSE

MANCHESTER

The only Frank Lloyd Wright-designed home in New England that is open to the public, the Zimmerman House, built in 1950 in Wright's Usonian style, is owned and maintained by the Currier Museum of Art. Wright designed the house, the interiors, all the furniture, the gardens, and even the mailbox. The property is a total work of art and offers visitors glimpses a private world from the 1950s and 1960s, including the Zimmermans' personal collection of modern art, pottery, and sculpture. Tours, which depart from the Currier, are limited to 12 people and are by reservation only. If not taking a tour, the property can be viewed from the street, but please do not enter the grounds. No tours are offered during the winter.

JUPITER HALL

MANCHESTER

A community-oriented multi-purpose venue, Jupiter Hall is a creative digital media makerspace located in where people can experience arts, culture and innovation. Their mission is to showcase and present exciting opportunities for storytellers, creatives and professionals working with Digital Media and other innovative formats to share their stories, culture and vision. Jupiter Hall is winner of "Best of Manchester" Best Art Gallery in the Hippo Best of 2019 Readers Picks; and winner of New Hampshire Union Leader's 2018 Reader's Choice Awards - "Best Art Gallery" (Silver).

LAWRENCE L. LEE SCOUTING MUSEUM

MANCHESTER

Located on the ground floor of the Camp Carpenter Dining Hall, the Lawrence L. Lee Scouting Museum contains an array of Boy Scouts of America artifacts, from belt buckles to original paintings of Boy's Life covers to a flag carried to the moon by America's first astronaut and New Hampshire Boy Scout Alan Shepard. The museum also contains an impressive collection of memorabilia of Scouting's founder, Lord Robert Baden-Powell. The Max I. Silber Scouting Library, co-located with the museum, has complete collections of Scouting periodicals, yearbooks, and fiction and nonfiction series of interest to Scouts and researchers alike. Open Saturdays late August through mid-June, and open on additional weekdays when Cub Scout summer camp is in session. The museum is closed most holiday weekends. Admission is free.



NORTH END GARDEN TOUR

MANCHESTER

Garden enthusiasts, green thumbs, and flower appreciators won't want to miss this self-guided, self-paced garden tour featuring several private gardens in the vicinity of Stark Park. These lovely, stylistically, and horticulturally-diverse gardens are creations of inspiration ranging from homeowner gardeners to professionally-designed landscapes. Get an up-close, behind-the-gates look at scent gardens, moss gardens, fairy waterfalls, hybridized daylilies, sculptures, and more. Proceeds benefit the maintenance and beautification of Stark Park.

MAJESTIC THEATRE

MANCHESTER

The Majestic Theatre provides artistic enrichment for the community through the programming of family-oriented productions and educational opportunities.

MANCHESTER BIKE TOUR

MANCHESTER

This 30-mile, family-friendly bicycle ride around the city begins at Eversource Energy Park and loops around the city. Sights along the route include Rock Rimmon, the Piscataquog Trail, the South Manchester Trail, the Aviation Museum, Lake Massabesic, and the Weston Observatory. Proceeds benefit the Manchester Conservation Commission.

MCININCH ART GALLERY

HOOKSETT

Located on the first floor of Robert Frost Hall on the campus of Southern New Hampshire University, the McIninch Art Gallery showcases the growing university's 400-plus object fine art collection. The gallery features five rotating exhibits during each academic year that often coordinate with classroom and other university-related endeavors. Free and open to the public, the gallery is closed Sundays, university vacations, and during the summer.

MILLYARD MUSEUM

MANCHESTER

Anchored by "Woven in Time: 11,000 Years at Amoskeag Falls," a permanent exhibit that tells the story of Manchester and the people who have lived and worked here, the Millyard Museum should be your first stop in Manchester. The exhibit starts with the native peoples who fished at Amoskeag Falls 11,000 years ago and continues with displays on the area's early farmers and lumbermen, followed by the beginnings of industry in the area. The exhibit continues with the story of the development of the Amoskeag Manufacturing Company which become the largest textile producing company in the world and had an unparalleled impact on the city. The story continues into the 21st Century, as innovative businesses flourish in the city and new groups of immigrants come to Manchester to start new lives. Closed Sunday and Monday.

NEW ENGLAND COLLEGE INSTITUTE OF ART AND DESIGN

MANCHESTER

With its growing student body giving Downtown a bohemian vibe, the New Hampshire Institute of Art has played a large part in both the physical revitalization of the neighborhood and its cultural revitalization in recent years. The institute's six academic buildings are located in the vicinity of Victory Park, which is often used as shortcut for throngs of portfolio-toting students. The building range in age and style from the century-old Fuller Hall, built in the classical-revival style with large columns fronting the Hanover Street building, to the ultra-modern and quite colorful academic and residential building on the corner of Lowell and Chestnut streets. The institute's renovated Roger Williams Hall features a gallery with changing exhibits that is open to the public Monday through Friday. A second gallery open to the public during the same timeframe in Emma B. French Hall.

NEW HAMPSHIRE INSTITUTE OF POLITICS AND POLITICAL LIBRARY

GOFFSTOWN

Located on the campus of Saint Anselm College, the New Hampshire Institute of Politics provides a nonpartisan forum for discussion and debate. The Institute often hosts national political, media, and academic figures, New Hampshire Primary debates, and more. Check out their online calendar to see what events are taking place there at any given time — most are free and open to the public. The facility also houses an array of political memorabilia and photos commemorating past New Hampshire Primary elections.

NORTHEAST DELTA DENTAL STADIUM

MANCHESTER

Stadium hosting Minor League Baseball's New Hampshire Fisher Cats, plus varied concerts & events.



OPEN DOORS TROLLEY TOUR

MANCHESTER

Hop on, hop off, look at art, hop on again. Such is the gist of the Open Doors Trolley Tour, held three nights a year to celebrate the amazing diversity of artistic expression and dynamic museum experiences that Manchester has to offer. Two trolleys circulate the same route Downtown and in the Millyard between 5-8pm, stopping at upwards of 20 venues along the way. Admission is free and many of the venues will have special events during the evening.

ROBERT FROST FARM

DERRY

Home to Robert Frost — one of the nation's most acclaimed poets — and his family when he taught at nearby Pinkerton Academy from 1900 to 1911, the Robert Frost Farm features a simple two-story white clapboard farmhouse that is typical of New England in 1880s, as well as a walking trail. The farm hosts a literary series and poetry readings during the warmer months. Open Wednesday through Sunday in May and June, and daily in July and August.

SEE SCIENCE CENTER

MANCHESTER

The SEE Science Center is an interactive learning center established to promote the understanding, enjoyment, and achievements of science, technology, engineering, and math. While the center's exhibits on light, electricity, forces, momentum, sound, and more are primarily geared toward children, visitors of all ages won't want to miss the LEGO® Millyard Project, which is purported to be the largest permanent LEGO® installation at minifigure scale in the world. The project represents Manchester's Amoskeag Millyard as it might have looked in its heydey, circa 1900. The installation was built with some three million standard issue LEGO® bricks and employs 8,000 minifigures.

SNHU ARENA

MANCHESTER

The SNHU Arena is an indoor events arena that seats 9,852 for ice hockey, 11,140 for basketball and up to 11,770 for concerts. The facility was originally known during construction as Manchester Civic Arena, and this name still appears on most of the directional signs around town.

SPARK CREATIVE STUDIOS

MANCHESTER

A DIY-lover's dream. The studio offers art and building classes, a space for birthday parties and full facility rentals. Complete specific crafts, hone your skills and use your new knowledge to craft yourself through all of this year's holiday gifts!

STUDIO VERNE

MANCHESTER

Primarily the working studio of fine art fused glass artist Verne Orlosk, Studio Verne is open to walk-ins who would like to watch her work and see (and maybe purchase) her original works, which are displayed in a small gallery space.

TUPELO MUSIC HALL

DERRY

Voted the best small music venue in the state by readers of New Hampshire Magazine for eight straight years, Tupelo Music Hall presents nationally-known artists in a relaxed and intimate setting. BYOB.

WESTON OBSERVATORY

MANCHESTER

A stone's throw from the heart of Derryfield Park, but effectively hidden out of sight in a clearing in the middle of a wooded area on nearby Oak Hill, the Weston Observatory is an observation tower standing 66 feet tall flanked by two antebellum U.S. Navy cannons. Built with funds bequeathed by James Watson, a four-term mayor of Manchester and two-term governor of New Hampshire, the tower was built in 1896 for "the enjoyment and benefit of the people of Manchester." In its heyday it was a popular lookout area and picnic site for locals and was used as a spotting post by air raid wardens during World War II. The observatory fell into disrepair in the post-war years and, while repaired in the 1970s, is currently closed to the public save for a couple of weekends each fall. Those interested can still hike to the base of the tower, however. The easiest way of accessing Weston Tower is via Tower Hill Road, a paved road blocked by a gate, which one can walk around.

LIVE LOCAL, WORK LOCAL.



VISIT STAYWORKPLAY.ORG TO DISCOVER A RANGE OF CAREER OPPORTUNITIES IN NEW HAMPSHIRE.

Showing how residents have fun, this section describes the region's many recreational offerings, from parks and trails, to professional sports teams, climbing gyms, and gun ranges.

AMUSEMENT & GAMES

BOARDS & BREWS

MANCHESTER

Boards & Brews is a board game cafe (NH's first!), which is pretty much what it sounds like - a cafe where people come together to play board games. They're committed to creating a fun community space in downtown Manchester that offers a refreshing alternative to more traditional bars, dining, and nightlife.

CANDIA SPRINGS ADVENTURE PARK

CANDIA

Candia Springs Adventure Park offers activities for everyone. A waterpark, water challenge course, aerial adventure forest, off-roading, and guided zipline tours there are endless adventures for all to enjoy.

COMMUNITY BINGO CENTER

MANCHESTER

B7! N20! Bingo! Games of chance (save Keno) that payout monetary proceeds are technically illegal in New Hampshire. Bingo, however, is a-okay, as long as the proceeds benefit charity. And thus the existence of Community Bingo Center, which bills itself at "New England's state of the art bingo center."

COWABUNGA'S INDOOR INFLATABLE PLAYGROUND

MANCHESTER, HOOKSETT

Cowabunga's is New England's largest inflatable fun center. They are a family run business that encourages kids and adults of all ages to bounce and play together. They offer open gym times, as well as private party and open gym party options. They are a peanut-free facility.

ELECTRIC AVENUE

MANCHESTER

A great collection of old school arcade and pinball games for you to either reminisce about or play for the first time.

GAME KNIGHT

MANCHESTER

The shop carries all types of TCGs, Tabletop RPGs, Board games, miniatures, and other gaming products. They have a great playing space and host games all day long.

GRANITE STATE ESCAPE

MANCHESTER

Granite State Escape is New Hampshire's first interactive escape room. Working together with a group, you will have to solve a series of puzzles and games to escape the themed room in which you are locked.

LOK'D ROOM ESCAPE

MANCHESTER

The newest addition to city's "room escape" venues, Lok'd Room Escape give you and your friends 60 minutes to find find clues, solve puzzles, and crack codes to escape the themed room in which you're trapped.

MANCHESTER POKER ROOM

MANCHESTER

Offering some of the biggest weekly tournaments in the state, Manchester Poker Room also offers \$1 -\$2 and \$2 - \$4 no limit cash games, as well as New Hampshire Hold'em, roulette, and blackjack.

MANCHVEGAS BREW BUS

MANCHESTER

A craft beer tour bus serving the Greater Manchester area. Bill & Alli Seney, lovers of craft brews, music and life, are no strangers to the craft brew community. Let them take you for a ride and remember - "what happens on the Brew Bus, stays on the Brew Bus."

MEL'S FUNWAY PARK

LITCHFIELD

Just south of Manchester-Boston Regional Airport, Mel's Funway Park offers an array of family-friendly amusements including two mini-golf courses, go-karts, an arcade, laser tag and a laser maze, a driving range, and batting cages. In October, Mel's becomes home to Nightmare New England, a Halloween horror experience.

RELAXE THROWING ROCKS

MANCHESTER

New Hampshire's only indoor axe throwing venue. As the name suggests, RelAxe Throwing is a place to unwind and destress while throwing axes. Proudly affiliated with the World Axe Throwing League (WATL). You can join official leagues, unofficial leagues and tournaments. Closed Tuesday and Wednesday.

SKY ZONE TRAMPOLINE PARK

MANCHESTER

Sky Zone lets you jump and bounce to your heart's content. While Saturdays and Sundays are often dominated by kids attending birthday parties, adults can have fun here too, especially during night time open jump times, "SkyFit" exercise classes, and "SkySlam" basketball. Live Music.



SPACE ENTERTAINMENT CENTER

HOOKSETT

The full gaming arcade (with the latest games and large redemption shoppe), also has a 5,000 sq. ft. Laser Tag arena, billiards, table tennis, a rock wall, pedestal joust and more.

ARTS

AR WORKSHOP

MANCHESTER

AR Workshop® is a boutique DIY studio that offers hands-on classes for creating custom, charming home decor from raw materials. Join an instructor-led workshop where you can make custom wood plank signs, framed signs, canvas pillows, round signs, lazy susans, centerpiece boxes, canvas tote bags, and more.

THE CANVAS ROADSHOW

BEDFORD

Everyone can get creative in wood workshops, canvas painting classes and sea glass art workshops. Classes are easy, social and super exciting. Go with your friends/family or on your own, everyone is always welcome. Join a public event or book a private party.

MUSE PAINTBAR

MANCHESTER

Did you miss out on the Picasso gene? Not to worry. The instructors at Muse Paintbar will have you painting like a pro by the time you leave one of their signature paint sessions, wherein they provide the paint, canvas, brushes, and aprons and show you, and guide you, brushstroke by brushstroke from blank canvas to masterpiece. Nervous? Don't be. And if you are, there's booze for sale. Sessions are quite popular for date nights, girls' nights out, and bachelorette parties.

STUDIO 550 ARTS CENTER

MANCHESTER

Creating both art and community, Studio 550 offers artistic beginners and pros alike the space and opportunity to create. Beginners can take pottery and stained glasses classes, as well as classes in drawing, book and paper arts, and dance and movement. Studio 550 also hosts weekly tango dances, changing art exhibits, and is home to The Tea Room, where patrons can sit down for a cup of tea before or after class, enjoy fine tea with a friend, or buy dry loose-leaf teas to bring home.

BOWLING

LAKESIDE LANES

MANCHESTER

Meeting the East Side's bowling needs since 1959, Lakeside Lanes features 24 lanes of candlepin bowling fun near the Massabesic Traffic Circle. Featuring leagues, open bowling, tournaments, and the ever-popular glow bowling, Lakeside Lanes' decor might be a little dated, but it's a lot of fun. Closed Monday.

SPARE TIME MANCHESTER

MANCHESTER

The city's largest bowling alley, Spare Time features a state of the art scoring system, LCD screens and TVs, and an impressive light and sound system. On Fridays and Saturdays from 10:30p to 1a the alley holds all-you-can bowl "galactic bowling" with glowing black lights, special effect lighting, and a DJ.

CLIMBING

VERTICAL DREAMS

MANCHESTER

Unlike the Amoskeag days, Manchester's mills see a multitude of uses today, and perhaps none is more unique than Vertical Dreams, an indoor climbing gym in the Waumbec Mill. Laying claim to New Hampshire's tallest climbing wall, the gym also offers top roping, lead climbing, bouldering, and routes for all abilities. No climbing experience? No problem. Vertical Dreams offers lessons to kids and adults. Comfortable workout clothes, however, are a must.

DANCING

MILL-A-ROUND DANCE CENTER

MANCHESTER

Hosting square dances, round dances, line dances, ballroom dances, as well as aerobics and Zumba classes, MIII-A-Round Dance Center features a 3,600 square foot hardwood dance space in the heart of the Waumbec MiII.

THE SALSA STUDIO

MANCHESTER

La Salsa es mi vida. Join Jimmy Hyun and Jessica Vaillancourt for Salsa and Bachata classes at Bella Vita Dance Studio. Classes for all levels from beginner, intermediate and advanced levels. Group classes, workshops, socials and private lessons available. Their classes are aimed to get people dancing with a curriculum that is based on foundations and techniques that can enable each student to grow and have a fun dance. Salsa and Bachata dance teams and performance teams are also available.

GOLFING

CANDIA WOODS GOLF LINKS

CANDIA

A public golf course with spectacular views, beautiful greens, and local crafts on tap. They have a variety of golf leagues, a grass tee driving range, and a deck view.

DERRYFIELD COUNTRY CLUB

MANCHESTER

Bisected by Mammoth Road, Derryfield Country Club is a municipally-owned regulation 18-hole golf course that provides challenging yet forgiving holes and gives an experienced golfer or a beginner golfer an enjoyable round. The club also features a fully stocked golf shop selling new equipment and accessories. Three new PGA Tour Simulators with new graphics, as well as a driving range, can also be found at the club.

INTERVALE COUNTRY CLUB

MANCHESTER

Opened in 1903, Intervale Country Club was purchased by the Amoskeag Textile Club in 1927 and operated with the primary goal of providing mill workers and other area residents with a place to play golf at a reasonable price. This small course, located along the banks of the Merrimack River, is open to the public.

MANCHESTER COUNTRY CLUB

BEDFORD

A private club and pedigreed Donald Ross golf course that has brought people together for nearly 100 years. Their new Great Room and open-air veranda can be used for weddings and parties, and their conference center provides meeting space.

HIKING & TRAILS

DERRY RAIL TRAIL

DERRY

The Derry Rail Trail Alliance was formed to see the Derry section of the old Manchester and Lawrence Branch of the Boston and Maine Railroad turned into a recreational trail for cyclists and pedestrians. Some of this trail has already been paved as part of the Derry Bike Path. Our first goal is to see this path extended all the way to Windham to connect to the Windham Rail Trail.



Photo courtesy of New Hampshire Division of Travel & Tourism

GOFFSTOWN RAIL TRAIL

GOFFSTOWN

Connected to the Piscataquog Rail Trail, and thus the Millyard and Downtown Manchester, via a bike-ped bridge over the Piscataquog River, the Goffstown Rail Trail extends 5.5 miles through that town's Pinardville, Grasmere, and Goffstown Village neighborhoods. While a small section of the trail is paved, it is, for the most part, comprised of packed stone dust and compact gravel.

GRANITE STATE RAIL TRAIL

When completed, the Granite State Rail Trail will stretch some 120 miles from Salem, on the Massachusetts border, to Lebanon, on the Vermont border. At present, however, the trail is disconnected in spots, but still worth the time of bicyclists, joggers and walkers, and, in the winter, snowshoers. The longest paved section — eight miles — stretches from downtown Derry to south Windham. Londonderry also has several miles of paved trail.

LONDONDERRY RAIL TRAIL

LONDONDERRY

The Londonderry Rail Trail is a cooperative effort between Londonderry Trailways and the Town of Londonderry to complete 6 miles of trail on the abandoned rail corridor that runs through North Londonderry. This project started in earnest around 2012 and 3.2 of the 6 miles are now completed! The goal is to create a multi-use recreational path that enhances the quality of life for Southern New Hampshire residents and provides opportunities for economic development in the town of Londonderry.

MANCHESTER CEDAR SWAMP PRESERVE

MANCHESTER

At more than 600 acres, the Manchester Cedar Swamp Preserve is the largest conservation area in the city and one of the most valuable cedar swamps in New Hampshire. The stars of the swamp are the Atlantic white cedar trees, some of which are in excess of 450 years old, as well as black gum trees that are more than 200 years old. The wetland also features giant rhododendrons which are in full bloom in June. It is the combination of these three species that makes the preserve one of the rarest of ecosystems. The cedar swamp and its impressive flora and fauna can be experienced via three loop trails that in total are 1.8 miles in length. The trails are rated "easy" and are good for hiking in warmer months and snowshoeing in the winter.

MASSABESIC AUDUBON CENTER

AUBURN

Located on an historic farm site, the Massabesic Audubon Center is bordered by 130 acres of rolling fields and mature deciduous forest with woodland wetlands, a pond, streams, and marshes. The site has been preserved as a wildlife sanctuary that encompasses a diverse array of upland habitats. There are over five miles of trails that lead to scenic Lake Massabesic. The center also offers a live animal exhibit in the main building. Closed Sunday and Monday.

MUSQUASH CONSERVATION AREA

LONDONDERRY

Londonderry's largest conservation holding, Musquash Conservation Area includes more than 1,000 acres of land with an extensive marked trail system, including 20-plus miles of managed trails. Trail access with parking at any of four locations – Hickory Hill Road, Sara Beth Lane, Tanager Way and Faucher Road.

PISCATAQUOG TRAIL

MANCHESTER

The longest paved trail in the city, the Piscataquog Trail is a 2.1 mile path that stretches from Northeast Delta Dental Stadium in the Millyard, across the Merrimack River via the bike-ped Hands Across the Merrimack Bridge, and along the Piscataquog River to the Goffstown town line, where it crosses the Piscataquog and continues, mostly unpaved, all the way to Goffstown village via the Goffstown Rail Trail.

RIVERWALK WAY

MANCHESTER

A riverwalk allowing pedestrians to stroll along the Merrimack River for the length of the Millyard and beyond has been talked about for years, but has yet to materialize in full. The main challenge is that some of the mill building themselves abut the river, leaving no room for a walking path. Until this is solved with a cantilevered sidewalk, those wanting to take in both the Millyard and the river at once will have to content themselves with a half-mile stretch or so between 540 Commercial Street and 250 Commercial St. which includes Arms Park. The trail picks back up behind Northeast Delta Dental Stadium and continues about two miles on the east side of the river, while also connecting to the Hands Across the Merrimack Bridge, which itself connects to the Piscataquog Trail on the West Side.

ROCK RIMMON PARK

MANCHESTER

At 140 acres, Rock Rimmon Park is the largest city park. The park is dominated by its namesake, Rock Rimmon, a massive granite cliff that soars over a playground, basketball court, and tennis courts below. A short, 10-minute hike will take visitors to the 150 foot summit for the best views in the city, including Downtown, the Millyard, much of the West Side and North End - even a glimpse of the Uncanoonuc Mountains in Goffstown. And while the relatively flat summit is a great place for a picnic, be sure to watch out for broken glass.

ROCKINGHAM RAIL TRAIL

MANCHESTER

Popular with bicyclists, walkers, and runners, the Rockingham Recreational Trail follows an abandoned railroad corridor from Mammoth Road to Lake Massabesic. The trail is unpaved (and in some sections, downright primitive) and is approximately 2.75 miles long. The trail is best accessed from just north of the CVS Pharmacy at 271 Mammoth Road.

SOUTH MANCHESTER RAIL TRAIL

MANCHESTER

Located adjacent to South Willow Street, the South Manchester Rail Trail is 1.1-mile paved trail running from South Beech Street to Gold Street and provides access to Nutt's Pond and Precourt Park. In the coming years the trail will be extended farther south to Goffs Falls Road and eventually to Downtown Manchester. The trail can be accessed behind the Manchester Commons shopping plaza.

UNCANOONUC MOUNTAINS

GOFFSTOWN

Featuring a north peak and a south peak, these two twin mountains (Uncanoonuc means "maiden's breasts" in the Penacook language) rise approximately 1,320 feet above sea level and are good spots for hiking, snowshoeing, and views of Manchester. The summit of South Peak features an array of communications towers for Manchester TV and radio stations.

MOVIE THEATERS

AMC CLASSIC LONDONDERRY 10

LONDONDERRY

Cineplex with 3D & jumbo digital screens showing first-run films, opera productions & sports events.

CHUNKY'S CINEMA PUB

MANCHESTER

A movie theater with table service? That's Chunky's. This very small theater chain offers everything from entrees to alcohol to those seated in reclining car chairs from a Lincoln Town Car. Oh, and the theater also shows movies on its ten screens.

CINEMAGIC

HOOKSETT IMAX & 3D.

DERRY FIVE STAR CINEMAS

DERRY

Offers high back, stadium rocker seating with full digital picture and sound.



HOOKSETT REGAL 8

HOOKSETT

Theater complex with multiple screens featuring new release films, recliner seating and a concession stand.

PERFORMING ARTS

DANA CENTER FOR THE HUMANITIES

GOFFSTOWN

Located on the campus of Saint Anselm College, the Dana Center offers a first rate performing arts series each year that includes contemporary dance, concerts, films, and theater performances.

NH GAY MEN'S CHORUS

MANCHESTER

Founded in 1998, the New Hampshire Gay Men's Chorus (NHGMC) has a history of triumphs and struggles, good times and bad. Through it all, the Chorus has delivered entertainment and music to thousands of people all over the state. Despite overcoming fears and doubts in its early years, when acceptance of gay people in New Hampshire was scarce, NHGMC has blossomed into rapidly growing professional musical and community-service organization in high demand.

THE PALACE THEATRE

MANCHESTER

Built in 1914 and seating 800 people, The Palace Theatre is one of some 450 other "Palaces" built of the same size and design across the United States in the early 20th Century in an attempt to standardize the size of stages and backstage areas for the traveling performers of the day. Today, the historic institution, which was saved from ruin in the 1970s by a group of concerned citizens, is the city's leading performing arts institution, hosting Broadway performances, nationally-renowned musical and comedy acts and, because it's in New Hampshire, presidential candidates.

SHOOTING

MANCHESTER FIRING LINE

MANCHESTER

If you've ever wanted to shoot a Thompson submachine gun (Tommy gun), you're in luck: Manchester Firing Line will let you shoot one of theirs. Indeed, the city's premier indoor gun range has an array of pistols, revolvers, rifles, shotguns, and machine guns that you can rent and shoot on site. In order to use the facilities, all you are required to bring is a photo identification that shows you are at least 18 years of age. If you want to rent a firearm and shoot alone, you will need to present a certificate showing you have completed a firearms safety course or have a license to care or a concealed carry permit from a state that requires a course completion prior to certification. If you bring a friend with you to the range, these restrictions do not apply.

WILSON HILL PISTOL CLUB

MANCHESTER

Established in 1935, Wilson Hill Pistol Club is the oldest, continuously operating pistol club in New Hampshire. This indoor, year-round range is open only to members.

SKATEBOARDING & ROLLERBLADING

ADAM D. CURTIS SKATEBOARD PARK

MANCHESTER

Built in 2001 on the site of a former swimming pool, the Adam D. Curtis Skateboard Park has seen better days. Located behind the Regis Lemire Youth Center, the skateboard park is riddled with cracks, potholes, and graffiti. Nevertheless, it is still relatively popular with younger skateboard and BMX enthusiasts. A private group, Xtreme Manchester, is currently working on a plan to upgrade the city-owned park and operate it as a privately-run facility.

NEW HAMPSHIRE ROLLER DERBY

MANCHESTER

Home to two travel teams and a recreational team, New Hampshire Roller Derby is the state's first all-female flat track roller derby league. NHRD is a skater-owned and operated 501(c)(3) non-profit organization which promotes women's athleticism while giving back to the local community. The league is a member of the Eastern Region of Women's Flat Track Derby Association. Bouts against teams from across the Northeast are held April through August at JFK Memorial Coliseum.



STADIUMS & SPORTS TEAMS

NEW HAMPSHIRE FISHER CATS

MANCHESTER

If there's a finer park in all of Minor League Baseball than Northeast Delta Dental Stadium, we haven't seen it. Home of the New Hampshire Fisher Cats, the AA affiliate of the Toronto Blue Jays, Northeast Delta Dental Stadium is the perfect place to watch a game. Abutting the Merrimack River with views of downtown, there's not a bad — or overpriced — seat to be had. And for ballpark food, the offerings here are pretty good. If you want a sit-down meal, check out Samuel Adams Bar & Grill, which opens two hours before game time and sits just above left field. And the concession food is pretty decent, and varied, too. Indeed, the stadium has been lauded by PETA for its many vegetarian-friendly options.

SNHU ARENA

MANCHESTER

This 10,000-seat venue is home to the SNHU Penmen. The arena also plays host to touring entertainment acts of all varieties, including, in recent years, the likes of Elton John, Justin Timberlake, and Cher.

WATER SPORTS

CRYSTAL LAKE PARK

MANCHESTER

In what one can only imagine was a municipal act of rebranding, the body of water once known as Mosquito Pond now goes by the much more enticing name of Crystal Lake. This 200-acre lake has been popular with swimmers, boaters, and fisherfolk for more than a century. In the late 19th and early 20th Centuries, the lake was home to local legend known as the Hermit of Mosquito Pond. These days the pond features a public beach, a bathing facility, a picnic pavilion, and a playground. Open from late June to around Labor Day. Manchester residents only before 4pm (proof of residency required).

DORRS POND

MANCHESTER

Located adjacent to Livingston Park, Dorrs Pond has been a fixture in the North End of Manchester since the 1934 damming of Ray Brook. The pond is circled by a one-mile wooded trail and boardwalk that's great for walking, biking, jogging, and snowshoeing. The pond is popular for canoeing, kayaking, and fishing in the warmer months. In the winter months, Dorrs Pond is cleared of snow, making a delightful, and free, outdoor skating venue. You must bring your own skates, however, as no rentals are available. A warming hut is adjacent to the pond where patrons can use the restrooms and warm up by a wood stove.

DUPONT SPLASH PAD

MANCHESTER

Located in the shadow of Rock Rimmon, Dupont Splash Park opened in 2016, after Dupont Pool was filled in. Central to the splash pad are ground nozzles that shoot water into the air. With no standing water, the splash pad is safe even for those who don't know how to swim.

EDGEWATER CANOE & KAYAK

HOOKSETT

Don't let the disheveled and, admittedly, junky look of the grounds deter you from Edgewater Canoe & Kayak. Once you get your super cheap canoe or kayak rental on the relaxing waters of the Merrimack River, you won't care one bit.

HUNT MEMORIAL POOL

MANCHESTER

Open from late June until around Labor Day, Hunt Memorial Pool is located between the Adam D. Curtis Skateboard Park and Sheehan-Basquil Park. Like other city pools, Hunt is open additional hours for city residents only.

LAKE MASSABESIC

MANCHESTER

Massabesic — named by the original native inhabitants of the area and translated "the place of much water" — is pretty accurate. The lake has a surface area of about 2,500 acres and a gross storage capacity of nearly 15 billion gallons. As it is the principal source of drinking water for Manchester and surrounding towns, activity on and around the lake is restricted. There is no swimming in the lake, for example, and no motorized boating activity is allowed. However, there are many miles of trails and fire roads for hiking and biking, three boat launches for non-motorized watercraft, and miles of shoreline for fishing.



MASSABESIC CANOE & KAYAK

AUBURN

Located on the Auburn side of Lake Massabesic, Massabesic Canoe & Kayak rents canoes, tandem kayaks, single kayaks, and fishing kayaks for enjoyment on the lake. Rentals are available in full-day and half-day increments.

RACO THEODORE PARK AND POOL

MANCHESTER

Featuring a playground and a softball field, Raco Theodore Park is best known for its large swimming pool which is great for swimming laps. The pool, which is free and open to the public, is often used for aquatic competitions, however, and is closed to the public during these times.

WINTER SPORTS

JFK MEMORIAL COLISEUM

MANCHESTER

The only ice skating rink on the east side of Manchester, JFK Coliseum is open mid-September through March for public ice skating on weekend, school vacations, and holidays. Affordable skate rentals are available.

MCINTYRE SKI AREA

MANCHESTER

Who wants to drive hours north to White Mountains, anyway? Skiing, snowboarding, and tubing can all be had McIntyre Ski Area, Manchester's municipally-owned winter playground featuring 200 feet of vertical feet of terrain, nine trails varying in difficulty, a terrain park, an eight-lane snow tubing park, and chair lifts and wonder carpets. McIntyre boasts offers a Snowsports School that provides skiing and snowboarding lessons for kids and adults. The ski area also offers a retail/rental shop where one can buy or rent skis, snowboards, boots, and winter essentials.

TRI-TOWN ARENA

HOOKSETT

The Tri-Town Ice Arena is a twin sheet facility. We are open year round and offer ice hockey and figure skating for all ages. In addition, we offer birthday parties, camps and much more.

MISCELLANEOUS

ART OF ARCHERY

MANCHESTER

While National Archery Association Certified Instructor Dana White takes his 40-plus years of experience teaching archery on the road most of the year, each summer he gives lessons in the art of the bow and arrow at his headquarters on the East Side. Call for lesson times and availability.

SEACOAST FENCING CLUB

MANCHESTER

Indulge your inner Inigo Montoya at Seacoast Fencing Club, a Wilson Street facility that has been training national and international champions in the sport of fencing for more 20 years. Beginner, intermediate, and advanced classes and programs are offered for adults and kids.

THE HOLLOWS DISC GOLF COURSE

MANCHESTER

Designed by 2010 Professional Disc Golf Association World Champion Eric McCable, The Hollows is a disc golf course located behind softball field at Brown and Mitchell Park. Two sets of tees and pin placements can be found on most holes. The Hollows is a championship level course from longs to longs and beginner friendly from shorts to shorts, making it a great course for all skill levels.

A region is more than its cultural attractions, dining establishments, and entertainment venues. This section shares the primarily local and independent business establishments of interest to both visitors and residents.

ANTIQUES

ANTIQUES ON ELM

MANCHESTER

A group shop with more than 50 antique and collectible vendors, Antiques on Elm is full of items you never knew you needed. Furniture, vintage clothing, old postcards and photographs, classic toys, folk art, and more — there's always something new to find in this sprawling 5,000 square foot store.

CANDIA ROAD ANTIQUES

MANCHESTER

Looking to decorate your pad in a Mad Men theme? Can't find that impossible-to-locate last piece for your coin collection? Need a Victorian-era crib? Head down to Candia Road Antiques, which specializes in not just antiques, but vintage items and collectibles as well. Closed Monday and Tuesday.

APPAREL & ACCESSORIES

BELLMAN JEWELERS

MANCHESTER

The Bellman's advantage has always been about quality jewelry at a fair price with excellent service. To maintain their edge in quality and overall value, Bellman's offers three major advantages for our clients. They manufacture the majority of their finished jewelry. Not only does this keep their pricing reasonable and competitive, but it allows them to provide the best quality diamonds and colored stones to set in their mountings.

DAY'S JEWELERS

MANCHESTER

Day's Jewelers is a chain of full service jewelry stores located in Maine and New Hampshire. They are a family business founded in Portland, ME. The company also operates an e-commerce website. Day's is noted for professionalism and for its commitment to social, ethical and environmental responsibility.

JONATHAN'S

BEDFORD

A full-service jewelry store with over 30 years of experience. They cover every facet of the jewelry industry from design and appraisals, to maintenance and repair.

GABY'S FASHION

MANCHESTER

Featuring the latest in urban fashion for women, Gaby's sells everything from jeans and tops to dresses, leggings, and more.

GEORGE'S APPAREL

MANCHESTER

There was a time when all of the city's department stores were Downtown, but times changed with the advent of that now fading cultural juggernaut otherwise known as the mall. George's Apparel, however, never left its location on the corner of Elm and Central streets. Specializing in men's suits (of which they have more than 4,000 in stock), George's also offers men's casual wear, formal wear rentals, and tailoring services.

JOSEPH CHARLES MENSWEAR

MANCHESTER

Joseph M. Baroody of Joseph Charles Menswear is located in Manchester, and is an independent contractor of H. Freeman. Custom clothing available is for men and women and is proudly made in the US. Private appointments can be made by phone.

LOTS FOR TOTS

MANCHESTER

Offering a large selection of resale and new kids clothes and other products, Lots for Tots "helps keep parenting affordable." The store will also buy your kids' outgrown and gently-worn and -used clothes, toys, gear, and books.

MT. EVEREST GOODS

MANCHESTER

If you're a woman who loves yoga and long, flowy dresses, and other items that have a vague Tibetan vibe, Mt. Everest Goods, located in the Mall of New Hampshire, is the store for you.

NURABELLA JEWELRY

MANCHESTER

A trained architect, Nurit Niskala uses a technique called wire-wrapping to combine beads and metal shapes, which she twists into "art to wear." Her pieces include everything from earrings and necklaces to chokers, bracelets, and brooches. Open Tuesday through Thursday.

PEARSONS JEWELERS

MANCHESTER

A full-service jewelry store with over 30 years of experience. They cover every facet of the jewelry industry from design and appraisals, to maintenance and repair.

STATEMENT

MANCHESTER

Located on the most upscale block downtown, it's only fitting that Statement offers upscale contemporary women's clothing and accessories — including handbags, jewelry, scarves and wallets — from an array for European and North American designers in sizes 4-20. Don't know what kind of statement you want to make? The store offers personal styling and sessions and after hours one-on-one personal buying sessions by appointment. Closed Sunday.

THE HAPPY HIPPY BOUTIQUE

DERRY

The Happy Hippy is a small, family-friendly, destination boutique focused on Fair Trade and US made products. They carry clothing, body care, good scents, jewelry, toys, bags, smoking accessories, tapestries, gemstones, and other miscellaneous items. They also display artwork of local artists.

TOP DRAWER BOUTIQUE

BEDFORD

Whether you need a specific undergarment or simply need a new bra, Top Drawer has you covered. Professional bra fitting to ensure that you find your "perfect Fit." Extensive bra inventory of sizes 28A - 56K. Lingerie, shapewear, hosiery, sleepwear, bridal, nursing and mastectomy.

URBAN ZONE

MANCHESTER

In the market for a Tupac T-shirt, some Air Jordans, or a "snitches get stitches" hat? Then come on down to Urban Zone, the West Side's number one purveyor of urban designer clothes, shoes, and more.

ART

MONTE VERDE ART GLASS STUDIO

MANCHESTER

Creating and selling affordable functional artistic glass pieces, Monte Verde Art Glass Studio has produced fused glass art in New Hampshire for more than three years and has more than 15 years of experience in glass fusing.

BEAUTY, HEALTH & WELLNESS

KRISS COSMETICS

MANCHESTER

If the makeup industry has superstars, Kriss Soterion-Blevens, owner of Kriss Cosmetics, is an A-lister. As chief makeup artist for CNN Special Events, Kriss has decorated the likes of the past five American presidents, as well as every candidate for the past five elections, countless movie stars, and world famous television icons. And at her south Elm Street studio, you could be next. Offering makeup application, eyelash extensions, skin and spa services, Kriss Cosmetics also offers makeup lessons. Closed Sunday and Monday.

BOOKS

BOOKERY ROCK

MANCHESTER

The Bookery is Manchester's independent downtown bookstore. They offer a curated selection of books and merchandise, along with a busy event calendar and cafe with light fare also serving breakfast. With comfy chairs and couches, a kids area, and even their own fireplace - they bring the cozy.

LA LIBRARIE POPULAIRE

MANCHESTER

Do you parlez-vous? If so, you'll want to check out La Librarie Populaire, believed to be the only exclusively French-language bookstore in the state. Opened in 1962 by Roger Lacerte to serve the city's Franco-American population, the store also sells French music, greeting cards, and the like. While Manchester still have some Franco residents who still speak French, their numbers are dwindling. That might be why more of the store's customers these days are from French-speaking countries other than Canada.





MANCHESTER MUSIC MILL

MANCHESTER

This locally-owned music store offers a great selection of new and used instruments, with a focus on guitars (with some sweet vintage guitars in the mix) and drums, as well as amplifiers and accessories.

Manchester Music Mill also offers instrument rentals, lessons, and repair services.

METRO CITY RECORDS

MANCHESTER

Vinyl lovers will want to make a beeline for Metro City Records, which specializes in rare, hard-to-find, limited-edition, out-of-print, and current releases of music and movies on vinyl, CD, SHM-CD, HQCD, Blu-Spec, DVD Audio, SACD, DVD, and Blu-Ray. Closed Sunday.

MUSIC CONNECTION

MANCHESTER

This independent record store features an extensive selection of new and previously-loved vinyl records, 45 RPM singles, 78s, CDs, DVDs, and cassettes. The store also stocks a large assortment of new and gently used vinyl players and Hi-Fi equipment, vinyl cleaning and protective sleeves, replacement styli, and storage solutions.

COMICS & GAMES

COMICS PLUS

MANCHESTER

Specializing in comics, Magic the Gathering, Pokemon, X-Wing, and "all things nerdy," Comics Plus is the West Side's premier comics and game store. Closed Monday and Tuesday.

DOUBLE MIDNIGHT COMICS & GAMES

MANCHESTER

Double Midnight is a comic book and gaming specialty store offering an assortment of new and old comics (they'll buy yours too) and miniature games, magazines, action figures, and more. The store, whose owners organize the city's popular GraniteCon convention every fall, also features an open gaming area, hosts weekly tournaments, and is home base of the League of Extraordinary Gentlewomen, a ladies group discusses comics and other geekery.

LEVEL UP GAMING

MANCHESTER

Looking for the original Nintendo Mike Tyson's Punch-Out!! or a Sega Genesis game system? Look no further than Level Up Gaming, Manchester's retro video game mecca, which sells, and buys, vintage games and consoles, as well as an array of gamer sodas and accessories, and DVDs.

NEONBOMB

MANCHESTER

Purveyors of Manga, peddlers of games, dealers of comics, retailers of toys, eaters of Pocky.

NeonBomb is a manga and anime lover's dream, located in a mostly residential section of the East Side. Closed Monday.

NEWBURY COMICS

MANCHESTER

The Manchester outpost of this New England-based chain carries everything from new and used CDs, DVDs, and vinyl to an eclectic mix of pop culture clothes and collectibles (think "Doctor Who" and "Game of Thrones" swag). Oh, and they also sell comics and graphic novels.

ETHNIC STORES

BOSNA STORE

MANCHESTER

Catering to the city's Bosnian population, Bosna store sells a mix of foodstuffs and other items from Bosnia, the Balkan peninsula, and various other eastern European countries, as well as Turkey. The store has a large selection of cookies and other sweets, as well as Bosnian newspapers and magazines and items as varied Bosnian laundry detergent.

CARIBBEAN MARKET

MANCHESTER

An otherwise fairly typical Latino corner store, Caribbean Market stands out due to its food counter, which sells everything from pork and beef feet to salt fish and beef leg tendons.

HIMALAYAS GENERAL STORE

MANCHESTER

Catering primarily to the city's growing Bhutanese and Nepalese refugee populations, Himalayas offers an array of Asian groceries, ethnic clothing, books, religious artifacts, and household items.

JUBA CONVENIENCE STORE

MANCHESTER

Named after the capital of the planet's newest recognized nation-state, South Sudan, Juba Convenience Store sells an array of Sudanese and other African products. The store caters to the city's Sudanese population, many of whom fled their homeland as a result of the civil war that ended with the creation of South Sudan.

LONG HAI ASIAN MARKET

MANCHESTER

An Asian market with an emphasis on Vietnamese products, Long Hai carries everything from fresh vegetables and seafood to soy milk, sauces, and spices.

MERCY OF GOD AFRICAN MARKET

MANCHESTER

Manchester is home to a growing population of refugees hailing from Sudan, Congo, and other African countries. Catering to their retail needs in the Center City is Mercy of God African Market, which stocks African foodstuffs, hair products, fabrics, and more. Closed Sunday.

NAMASTE NEPAL

MANCHESTER

Selling South Asian food and groceries, including twenty-pound bags of basmati rice, frozen naan, and more, Namaste Nepal caters to the Center City's ethnic Nepalese population.

PASHA MARKET

MANCHESTER

Featuring food from across the Mediterranean and beyond, Pasha Market sells foodstuffs from the likes of Lebanon, Egypt, Morocco, Bosnia, Albania, Turkey, India, Pakistan, France, Italy, Greece. Halal meat — delivered on a weekly basis — is also sold here, as are hookahs and other lifestyle accountremont.

SAIGON ASIAN MARKET

MANCHESTER

The largest ethnic store in the city, Saigon Asian Market specializes in not just Asian products, but also carries those from Latin America and Africa as well. Whereas most of the city's other ethnic markets carry mainly nonperishable food items, Saigon has an array of fresh fruits and vegetables you can't find anywhere else, fresh meat, and very impressive fish counter.

SIBERIA MARKET

MANCHESTER

Manchester doesn't have a huge Russian population, but those who are here can get a taste of home at Siberia Market, which sells everything from Russian sweets and Russian bottled water to fish, meats, and cheeses. Closed Sunday.

SPICE CENTER

MANCHESTER

Offering groceries from around the world, with a focus on the Middle East, India, and Turkey, the Spice Center also sells delicious Syrian bread and fresh farm halal meat including lamb, goat, beef, and chicken. And if you're in need of affordable Indian frozen meals, Spice Center is your place. In addition to food, Spice Center also sells everything from Qurans to hookahs to Fez hats, because, well, "Fezzes are cool."

FARMS & ORCHARDS

ELWOOD ORCHARDS

LONDONDERRY

A family-owned and -operated orchard/farm for more than 100 years, Elwood Orchards offers a pick-your-own (PYO) apples in the fall, as well as a fourteen-acre corn maze. On site is a farm stand that sells cider, honey, apples, eggs, and the like.

MACK'S APPLES

LONDONDERRY

A ninth generation family-run farm, Mack's Apples has been continuously farmed by the Mack family since 1732. Most known for its 100 acres of pick-your-own apple trees that are open in the fall, Mack's also features a seasonal farm market selling apples, tree-ripe peaches, several varieties of pears, fresh grown veggies, pumpkins, squash, local maple syrup, pies, honey, and more.

SUNNYCREST FARM

LONDONDERRY

Offering pick-your-own apples, strawberries, blueberries and cherries, Sunnycrest Farm also features a farmer's market with fresh local fruits and vegetables and New Hampshire honey, syrup, and milk, as well as a bakery that offers apple donuts and homemade breads.

WILSON FARM

LITCHFIELD

Wilson Farm has been growing fresh, local, affordable produce for more than 130 years. On over 500 acres of land in Lexington, MA and Litchfield, NH, they produce over 125 varieties of fruit, vegetables, and herbs. They have a CSA option in which you'll receive a basket overflowing with their produce every week for 18 weeks during their growing season. Plus you'll get recipes, cooking tips, and the inside scoop from the farm.





FLOWERS & GARDENING

CHALIFOUR'S FLOWERS

MANCHESTER

Delivering flowers for weddings, anniversaries, funerals, and apologies since 1940, Chalifour's is the granddaddy of Manchester flower shops. Want to learn how to arrange flowers yourself? Chalifour's can and will teach you via one of their occasional flower design classes.

FARM & FLOWER MARKET

MANCHESTER

This year-round farmers' market-type establishment offers an array of locally-grown and often organic fruits and vegetables, as well as breads, nuts, maple syrup, cheeses, and in the fall, locally-produced apple cider. Hanging baskets and other flowers and plants can be had in the spring and summer. Compared to supermarkets, Farm & Flower's prices are a bit high overall, but knowledgeable staff help to make up for it.

GREENLIFE GARDEN SUPPLY

MANCHESTER

"The Hub of Hydroponics," Greenlife Garden Supply specializes indoor gardening supplies including lighting, indoor greenhouses, tools, growing media, environmental controls and more.

HYDRO 101

MANCHESTER

Since opening in Maple Tree Mall Plaza in 2012, Maine-based Hydro 101 has become city's premiere hydroponic and organic garden supply store. Specializing in organic products, Hydro 101 offers an impressive selection of soils and soil-less mediums, nutrients, and lighting options, as well as occasional classes and workshops. And the store's knowledgeable and experienced staff can help you troubleshoot any growing or pest problems you might be facing.

JACQUES FLOWER SHOP

MANCHESTER

Jacques Flower Shop, Inc. has been a family-run business since its inception in 1910. For 100 years, they have provided the Greater Manchester area with beautiful fresh flowers, plants and more.

MANCHESTER FLOWER STUDIO

MANCHESTER

The Manchester Flower Studio is a full service florist proudly serving Manchester and the surrounding area since 1987. The designers at The Manchester Flower Studio create perfectly beautiful bouquets for all your special occasions... birthdays, speedy recovery, congratulations, anniversary or just because.

FOOD & DRINK

A MARKET NATURAL FOODS

MANCHESTER

If you're looking for bulk grains, locally-sourced kale chips, vegan baked good, or organic cotton swabs, A Market is the place for you. An independent, family-owned-and-operated grocery store founded in 1970, A Market has been selling natural and organic food and goods since way before it was trendy to do so.

ANGELA'S PASTA AND CHEESE SHOP

MANCHESTER

When you're in need of upscale picnic fixings or entire ready-to-heat meals, Angela's is your place. The city's premier pasta and cheese store for more more than 30 years, the shop's offerings include a variety of pastas, cheeses, deli, wines, prepared meals to-go, and other specialty food items. In addition, Angela's sells a selection of unique gift items and gift baskets. Closed Sunday.

BARTLETT STREET SUPERETTE

MANCHESTER

You wouldn't know it from the name, but Bartlett Street Superette is, in fact, a Polish market. If you're looking for fresh pierogies, fresh babka, imported Polish packaged goods, kielbasa, and other sausages, this is the place for you. The superette also carries a smattering of other, mainly eastern European, food products. Closed Sunday and Monday.

BERT'S BETTER BEERS

HOOKSETT

Beer Specialty Shop offering beer, ciders and meads.

BUNNY'S SUPERETTE

MANCHESTER

For those unfamiliar with the term "superette," it's basically a small grocery store — larger than a bodega, but smaller than a supermarket — located in, and serving, a specific neighborhood and its residents. The North End's superette is Bunny's, which carries everything from fruits and veggies to wine and magazines. But what Bunny's is really known for is its impressive meat selection, which becomes even more attractive when the store holds its occasional "truckload meat sales." The store also has the reputation of being a lucky place to buy lottery tickets.

GOSSELIN'S SUPERETTE

MANCHESTER

At a time when supermarkets dominate the food business, neighborhood grocery stores like Gosselin's Superette are rarity. Offering a full line of grocery, meat, and produce items, Gosselin's maintains a loyal customer base of neighborhood residents who value the convenience of the store and being able to shop local when it comes to groceries and other sundries.

HAN'S FOOD MART

MANCHESTER

Don't be fooled by the soft serve ice cream character on Mr. Han's sign: there's no ice cream inside this Center City bodega. But if you're in need of some packaged food items, this is the place for you.

MAX NUTRITION

MANCHESTER

Carrying more than 50 top brands — including MET-Rx, Tokkyo Nutrition, Universal, and more — Max Nutrition has vitamins, minerals, and supplements, for all of your pre-workout, post-workout, fat burning, weight gain, and muscling building needs. Weight lifting gear is also sold here. Closed Sunday.

MR. STEER MARKETPLACE

LONDONDERRY

Mr. Steer Meats is a family-owned and operated meat market. In business for 4 generations (over 100 years!), and with a staff with more than 50 years of combined experience.

NEW HAMPSHIRE LIQUOR & WINE OUTLET

Boasting 12,000 square feet of wine and booze, this is the largest state liquor store in the area. It's also one of the greenest — achieving silver LEED certification. While the store caters to the bevy of nearby bars and restaurants, local and visitors alike will want to visit this store for the best selection of tax-free alcoholic libations in the city.

NORTH END SUPERETTE

MANCHESTER

Manchester's best beer selection can be found at North End Superette, a somewhat dumpy bodega near the Manchester campus of the Massachusetts College of Pharmacy and Health Sciences. In addition to many domestic microbrews, North End's international beer selection is superb. It literally spans the globe, from Boddington's (England), Kronenbourg 1664 (France), Peroni (Italy), Duvel (Belgium), Carlsberg (Denmark), Grolsch (Holland), Julius Echter (Germany), Pilsner Urquell (Czech Republic), Kingfisher (India), Singha (Thailand), Tiger (Singapore), Tsingtao (China), Sapporo and Kirin Ichiban (Japan) and Pacifico (Mexico). The wide selection of nudie magazines near the register is a bonus.



PARKSIDE CONVENIENCE

MANCHESTER

Much like its competitor, North End Superette, Parkside Convenience is a moderately dumpy bodega with an outstanding beer selection. But where North End Superette stands out on its international selection, Parkside shines on its availability of domestic microbrews and American regional beers. Among the beers to be found here include Sierra Nevada (California), Blue Point (Long Island) Abita, (Louisiana), Brooklyn Ale (New York), Trout River (Vermont), Dogfish Head (Delaware) and several brews from the Victory Brewing Company (Pennsylvania), as well as local beers like Great North Ale Works, Kelsen Brewing, and Stark Brewing. Parkside also sells starter kits and supplies for those interesting in homebrewing.

FURNITURE & HOME DECOR

MUSEWARE POTTERY

MANCHESTER

Looking for a truly unique gift? Museware Pottery designs and creates personalized pottery gifts for weddings, new baby and family celebrations, as well as corporate gifts. Each piece features a personalized message of 20 to 50 words and is hand painted to order.

PURELY WOOD

MANCHESTER

Providing quality finished and unfinished wood furniture on south Elm Street since 1993, Purely Wood offers a vast selection a vast selection of product styles, sizes, woods, and finishes. Many of the store's items are built by local craftsmen, while all are made in the U.S.A. Custom design furniture is also available.

REVIVED FURNITURE AND HOME DECOR

DERRY

A family business specializing in inspiring their customers and helping them make their home into something they'll truly love. In addition to the restoration and "reviving" of antique furniture, they also sell items to decorate your home in the farmhouse, industrial, cottage, and other styles. Some of their items are made right in their workshop.



WITH HEART & HAND

MANCHESTER

Featuring a wide variety of primitive and country home decor, With Heart and Hand is a place for all of your primitive reproductions, country curtains, braided rugs, pictures, wreaths, and more. Shoppers can also stock up on New Hampshire-made gifts in this cozy country store in the heart of Downtown.

GIFTS

CATHEDRAL CHURCH GOODS

MANCHESTER

Need new vestments or choir robes? In the market for a photo of the Pope or the late, great Jesus Christ? How about some massive candles or a statue of the Virgin Mary? Cathedral Church Goods has been meeting the material needs of the area churches and the faithful since 1968. Closed Sunday (obviously).

POP OF COLOR

MANCHESTER

For all of the revitalization seen Downtown, one complaint remains constant: it has plenty of restaurants, but not enough retail. Chelsea Stoddard, the owner of Queen City Cupcakes, felt the same way, so she opened up Pop of Color, a home decor and gift shop, after finding a market for small, locally made goods which she first sold in her cupcake shop. This home decor and gift shop located at in the heart of downtown specializes in unique and fun gifts for all people and occasions.

HARDWARE & SUPPLIES

LEBLANC'S TRUE VALUE HARDWARE

MANCHESTER

You can find a Home Depot or a Lowe's just about anywhere, but a LeBlanc's? Only in the Center City of Manchester. This family owned and operated independent hardware store has been a neighborhood fixture since 1967 and sells everything from hardware to paint to snow brushes to rakes. They can also copy keys, fill your propane tanks, or re-screen a window for you.

MILLIGAN & CURRIER HARDWARE

MANCHESTER

You won't find anyone in an orange vest here, and it won't take you three years to walk across the store, but if you're looking for the hardware you need for your next home improvement project, or just need a few extra nails or screws, this independent hardware store — one of two in the Center City — has just about everything you'll need.

SMOKE SHOPS

CASTRO'S BACK ROOM

MANCHESTER

It isn't often a store can name itself after a notorious dictator and win the approval of the local populace, but Castro's Back Room has managed to pull it off. Offering a full range of cigars and other tobacco products, Castro's is Downtown's go-to cigar shop and stogie-smoking locale.

HOLY SMOKES CIGAR SHOP

MANCHESTER

While Holy Smokes Cigar Shop started as a cigar shop — and still is one, boasting one of New England's largest walk-in humidors — the store has gone all-in on the vaping phenomenon and has become the city's premier vape shop too, offering a wide variety of e-cigs and vape juice. Holy Smokes also offers an array of hookah/shisha supplies.

WILD SIDE SMOKE SHOP

MANCHESTER

Advertising itself as the "#1 place in New Hampshire for prices and pieces," Wild Side Smoke Shop is the North End's go-to establishment for "tobacco accessories." While Wild Side sells all of the head shop standards — blunt wraps, hookahs, rolling papers, incense, vaporizers, detox kits, and the like — what the store is really known for its selection of glassware, including pipes and bongs of all shapes and sizes.

SPORTING GOODS

ALTERNATIVE BIKE SHOP

MANCHESTER

Locally owned and operated by knowledgeable and passionate bicycle enthusiasts, Alternative Bike Shop has served the Manchester area for more than 20 years. The shop, which merged with Jake's Bike Shop some years ago and also sports a Jake's Bike shop sign, offers a wide variety of new and used bikes, as well as bicycling accessories. The shop also offers repair and maintenance services. Closed Sunday and Monday.



BIKE BARN

MANCHESTER

Manchester's oldest and continually family run bike shop, Bike Barn offers an array of road, commuter, and mountain bikes. There's even unicycle or two. Bicycle accessories are also available including helmets, lighting and reflective gear, racks, tools, air pumps and other maintenance items, and storage items like baskets and panniers. A fully stocked repair shop offers a bevy of service and repair options. Closed Sunday.

CYCLES, ETC.

MANCHESTER

A full-service bicycle shop, Cycles, Etc., sells top bicycle brands including Giant, Santa Cruz, Raleigh, Eastern, Kink Bike Co., and Haro, as well as bicycle components and accessories. A repair shop is also on site for tune-up, suspension overhauls, wheel builds, and more. Closed Sunday.

DIVER'S DEN DIVE SHOP

MANCHESTER

Manchester might be an hour's drive from the ocean, but the local diving community is abundant and active, and they have been served by Diver's Den since 1967. Owned and operated by Judy Kurisko-Leclerc and Dick Leclerc, Diver's Den is one of the oldest and largest dive shops in the entire Northeast and has earned the PADI Five Star Facility rating. Diver's Den has five PADI certified instructors and offers SCUBA classes and private lessons on-site year-round. In addition to instruction, they have an inventory of all the SCUBA gear a diver could need, from masks to wetsuits, BCDs to regulators. Whether you are looking to buy, rent, or repair your equipment, Diver's Den has what you need. The store also offers regular diving trips to various Caribbean locales.

ELECTRIC BIKES OF NEW ENGLAND

LONDONDERRY

New England's only E-Bike and Electric Bike Conversion Kit Super Store, with Conversion Kit brands like BionX, plus Electric Bikes from Stromer, Prodeco, Pedego, Currie, EG Bikes and many others.

GOODALE'S BIKE SHOP

HOOKSETT

One of New England's oldest bicycle shops, Goodale's ranks as one of the top bicycle stores in the country, offering something for every rider. The wheels have been turning at Goodale's Bike Shop since 1919. They offer a large selection of top brand bicycles, bicycle accessories and bike parts in Northern New England. Whether you're looking for a tricycle, kid's bike, BMX bike, mountain bike, hybrid, comfort or road bike, Goodale's delivers. Goodale's Bike Shop offers a complete parts and service department open 7 days a week.

KEN JONES SKI MART

MANCHESTER

The state's biggest ski slopes might be at least an hour's drive from Manchester, but that hasn't stopped Ken Jones Ski Mart from becoming the state's premier ski shop. Founded in 1968, Ken Jones stocks "only the freshest gear and the season's best products." The store also has a tune shop and sells skateboards and skateboard accessories. Generally closed from early April to early August.

MILLENNIUM RUNNING

BEDFORD

Millennium Running is dedicated to enhancing the running community with a running speciality store, in addition to producing signature events and providing timing services. Their staff can recommend the right shoes, apparel, nutrition, accessories and more. Fueled by a passion for promoting healthy, active lifestyles, Millennium Running's mission is to provide unique, first class events. With more than \$200,000 in funds raised for local organizations and non-profits since its inception, Millennium Running strives to strengthen the community with its charitable efforts.

RUNNER'S ALLEY

MANCHESTER

Sure, you could buy your running shoes from some kid in a striped shirt in a big box store at the mall who probably can't even spell overpronation. Or you could go to the professionals at Runner's Alley, who in addition to selling the region's best selection of running shoes and apparel, are able to give you knowledgeable advice to help you determine what's best for you and your personal running style. Runner's Alley also offers free weekly group runs on Thursday nights at 6 and Saturday mornings at 8, as well as structured training groups several times a year.

SHOOTERS OUTPOST

HOOKSETT

New Hampshire's fastest growing firearms store. They are a family run business, female and veteran owned, and have been in the firearms business since 1999.

SULEY'S SOCCER CENTER

MANCHESTER

Founded in 1998 by former New Hampshire Phantoms coach Suleyman Doenmez, Suley's is one of the few high-end soccer stores in New England, bringing you the best of all of the top soccer brands including Adidas, Nike, Puma, Diadora, Kwikgoal, and Reusch.

WEIGHTLIFTERS WAREHOUSE

MANCHESTER

Featuring brands such as Stairmaster, Life Fitness, Precor and Kettler, Weightlifters Warehouse refurbishes and sells high-end commercial grade elliptical machines, treadmills, stationary bikes, and steppers. Their like-new products often sell for less than half the price of new pieces of equipment, and include a one-year warranty as well.

WILDLIFE SPORTS CENTER

MANCHESTER

A full-service hunting, fishing, and archery shop selling guns, ammo, and fishing tackle. The store also features an archery pro shop. Background checks required for gun purchases.

THRIFT STORES & PAWN SHOPS

BROOKSIDE THRIFT SHOP

MANCHESTER

Located inside the carriage house behind Brookside Congregational Church, Brookside Thrift Shop sells (and accepts donations of) clothing, small appliances, children's items, decor and furnishings, books, sports equipment, art, tools, and more. All proceeds help to further the church's community and religions missions. Open Wednesday through Saturday.

GOOD \$TILL PAWN

MANCHESTER

Looking to buy? Looking to sell? Then head over to Good \$till Pawn, which claims to buy and sell "EVERYTHING," including electronics, gold, coins, DVDs, CD, TVs, video games and game systems, tools, and more. Closed Sunday.

MANCHESTER PAWN

MANCHESTER

Jewelry, electronics, music, tools, musical instruments, antiques, video games, collectibles — it has any aftermarket value, chances are you can buy it or sell it at Manchester Pawn. Closed on Sunday.



OUTFITTERS THRIFT STORE

MANCHESTER

Selling new and gently-used furniture, housewares, books, and clothing for the whole family, OutFITters Thrift Store serves as a revenue stream for Families in Transition, a local nonprofit that provides housing and support services to homeless families and individuals. Closed Sunday.

PLATO'S CLOSET

MANCHESTER

Each Plato's Closet location is individually owned and operated. They buy and sell gently used clothes and accessories for teens and 20-something's. All the latest styles and trends for up to 70% off mall prices.

SAVERS THRIFT SUPERSTORE

MANCHESTER

Offering "pre-loved treasures," Savers Thrift Superstore's constantly rotating stock includes everything from clothes, shoes, and accessories for all ages to housewares to books to electronics and more. Savers also boasts a Community Donation Center at which you can drop off your donations of the same, with proceeds benefiting the Epilepsy Foundation of New England.

TOYS

THE LITTLE RED DOLLHOUSE

MANCHESTER

For over 35 years The Little Red Dollhouse has been providing families with the best quality collectible and play dolls in the New Hampshire area.

MISCELLANEOUS

COIN AND STAMP SHOP

MANCHESTER

Looking to buy or sell gold, silver, rare coins, jewelry, or stamp collections? Coin and Stamp Shop can help you out.

MITCH ROSEN EXTRAORDINARY GUNLEATHER

MANCHESTER

New Hampshire, the Live Free or Die state, takes the words "liberty" and "freedom" very seriously. Perhaps as a result, Granite Staters have a strong attachment to their firearms. And when they want to pack their heat, locals and those from away head straight to Mitch Rosen, whose Millyard space produces some of the finest leather holsters, belts, shoulder rigs, and magazine and speedloader carriers in the world.

MYTHS AND MAIDENS

MANCHESTER

Are you into any of the following: crystals, herbs, Wicca, dragons, fairies, gargoyles, tarot, or candles? If so, you won't want to miss Myths and Maidens ("Where Magick Happens"), which has been a West Side fixture since 2005.

THE BEAD PATCH

MANCHESTER

Need beads? The Bead Patch has you covered, and then some. At the store you will find Czech glass and pearls, Swarovski crystals, Bali silver, Venetian glass, freshwater pearls, shell, bone, horn and wooden beads, sterling and gold filled findings, large selections of Japanese seed beads, pewter findings, Pandora-style beads, semi-precious gemstone strands, tools and books, stringing supplies, and many types and sizes of wire. The store also offers an an array of classes, parties, and ladies night out events.



Pets play an important part of people's lives - often times deemed an official member of the family. This section provides some of the best places to get supplies, where to go for pet care, and places to go for socializing with others.

DOG PARKS

DERRY DOG PARK

DERRY

The Derry Dog Park is an off leash dog area positioned next to the Animal Control Building and across from the Transfer Station. The area is completely fenced in, with a double gate to enter, allowing dogs the opportunity to run and play freely in a safe and enclosed environment. Many agility obstacles are available at the park.

MANCHESTER DOG PARK

MANCHESTER

In cooperation with the City of Manchester, Manchester's first dog park was built and is privately operated by the Manchester Dog Park Association. The dog park is located on Bass Island on Second Street (south of Granite Street, north of Queen City Avenue).

DAYCARE & BOARDING

ALL DOGS GYM & INN

MANCHESTER

All Dogs Gym & Inn is a full-service, full-time training and activity center for dogs - the largest in the Northeast. They provide a variety of training programs from beginner to competition levels and are a venue for seminars on training, behavior, care and health issues. We have an extensive dog daycare program for puppies, adolescents and adults, as well as grooming, private training, problem solving services and a professional academy for grooming and training. Their 25,000 sq. ft. facility includes a 12,000 sq. ft. training arena, a 3-room Grooming Salon Suite, a doggie daycare caring for 70+ dogs a day, and a 75 run kennel.

BARK CITY

MANCHESTER

Bark City is Manchester's newest dog-centric daycare facility. They focus on allowing their canine guests the chance to determine how they want to spend the day. Rigid schedules? Not here.

D LA POOCH RESORT

MANCHESTER

D La Pooch Resort is a full-service dog resort - a crate-free dog boarding, dog daycare and grooming salon. They have a 17,000+ sq ft. climate controlled facility.

PAWQUET'S PLAY & STAY

LONDONDERRY

Pawquet's Play & Stay is a cage-free dog daycare, boarding and grooming center.

SENDASHI PET RESORT

MANCHESTER

Professional dog people who want to make the lives of pet owners as worry-free as possible while they are away. They have truly transformed a "dog kennel" into a "Pet Resort"... the Sendaishi Pet Resort sits on 60 country acres in the outskirts of Manchester.

THE BARKING DOG

DERRY, HOOKSETT

The Barking Dog offers boarding, dog daycare, training and grooming with three locations in New Hampshire.

SUPPLIES & SERVICES

BILL'S PET & AQUARIUM

MANCHESTER

If you're in the market for a labradoodle or a puggle — or just want to pet one — Bill's Pet & Aquarium can help you out. Offering not just puppies, but animals from parakeets to guinea pigs, as well as animal supplies, Bill's is the East Side's go-to pet and pet supply store.

FISH MIKE AQUATICS

MANCHESTER

Looking to outfit an aquarium for your home or office? Fish Mike can hook you up with all of the top aquarium brands and equipment, as well as a unique supply of livestock in aquatics and reptiles. Heading out of town? Fish Mike also offers exotic and reptile pet sitting among other services which include tank design, installation, maintenance, and more. Closed Tuesday and Wednesday.

FOOD FOR PETS

MANCHESTER

Specializing in top quality foods for everything from dogs and cats to rabbits, Food for Pets has a knowledgeable staff and is the city's only independent pet food store.

LOVE WHERE YOU LIVE

stayworkplay NEW HAMPSHIRE

NH'S SINGLE
RESOURCE FOR
STUDENTS, YOUNG
WORKERS, 20 AND 30
"SOMETHINGS"



EMPLOYMENT & NETWORKING OPPORTUNITIES

LEADERSHIP & EDUCATIONAL PROGRAMS

FUN THINGS TO DO • MEET NEW PEOPLE



STAY INFORMED. KEEP CONNECTED.
ACCESS INFORMATION.



Stay Work Play carries out its mission by promoting the state as a favorable place for young people to stay, work and play, through the following programs:



As one of the few states that has a single area code, it has become a tradition of Stay Work Play to celebrate June 3 as 603 DAY (#603Day). Each year, Granite Staters demonstrate their pride by engaging and sharing on social platforms.



As an organization devoted to attracting and retaining more young people in New Hampshire, Stay Work Play stands in solidarity with Black Lives Matter and is committed to making New Hampshire a more welcoming, inclusive, and just place for people of color and diverse backgrounds. Driving this effort, the DIVERSITY, EQUITY & INCLUSION SERIES is a group of events to foster conversation, enable learning experiences, and push for change.



At this half-day event, NH NEXT: A SUMMIT FOR YOUNG CHANGEMAKERS attendees hear from and engage with compelling young people who have made an impact in New Hampshire in the arts, social justice, business, politics, and more. They meet others who shared their passions, and connect with individuals and organizations with whom they might partner to help create the change they want to see — and gain access to information and other resources that can help them along the way.



In order to better understand the matters most important to young people in the Granite State, the POLICY & PINTS POP-UP SERIES was created to get young people talking openly about matters impacting their decision to stay in, or leave, NH. In partnership with NH Housing and The Nature Conservancy, and co-hosted with young professionals groups around the state, the guided conversation sparked crucial insights aimed at helping to inform Stay Work Play's 2020 non-partisan, issues-based legislative advocacy efforts.



<u>POLITICS UNPLUGGED</u> is a public policy series where New Hampshire's young people come together for casual discussions with presidential candidates about issues that matter most to them.



Stay Work Play's signature event, the <u>RISING</u> <u>STARS AWARDS</u>, in partnership with NH Public Radio, celebrate and recognize New Hampshire's remarkable young people and the businesses that go the extra mile to recruit and retain them.



Here you will find a listing of popular weekly, monthly, and annual regional events. This is another great section to review to find events where you can meet people who share interests similar to yours.

ART, MUSIC & FILM

ANNUAL BACHELOR OF FINE ARTS EXHIBITION

MANCHESTER

NHIA's Annual BFA Student Exhibition showcases the top achievements of the graduating class, as well as selected offerings from a talented crop of underclass students. This is an opportunity for a new generation of artists to launch their work which is also available to purchase. All proceeds from artwork sales go directly to the students. Held in May.

ART ATTACK

MANCHESTER

This annual art show/sale with live local music features the art of students and alumni of the New Hampshire Institute of Art. All artwork is priced at \$50 or less. The event is usually held at an outdoor space somewhere Downtown. Held in May.

INTOWN SUMMERFEST

MANCHESTER

Free concerts and movies in Veterans Park. Every Thursday at 7p during July and August.

MANCHESTER CITY LIBRARY SILENT FILM SERIES

MANCHESTER

With live piano accompaniment provided by silent film buff Jeff Rapsis, the library's showing of rarely-screened silent films usually takes place the first Tuesday of every month in the library's 1913 Carpenter Auditorium. Admission is free, though donations are encouraged.

NEW HAMPSHIRE CREATIVE CLUB ANNUAL ART SHOW

MANCHESTER

See the creative excellence of northern New England's creative professionals and students at the New Hampshire Creative Club Annual Art Show. Art on display includes that from graphic to industrial design, photographers to web designers, and illustrators to videographers.

NEW HAMPSHIRE GAY MEN'S CHORUS WINTER CONCERT

MANCHESTER

Ringing in the season with style, the New Hampshire Gay Men's Chorus — which is open to men who are gay or gay-supportive — performs one of its four winter concerts in Manchester.

SLAM FREE OR DIE

MANCHESTER

New Hampshire's only weekly slam poetry series, Slam Free or Die gives local spoken word artists the opportunity to showcase their work for up to three minutes at a time. The series also features nationally-acclaimed slam poets as guest performers. Doors open at 7p, while the show begins at 8p. There is a small cover charge.

STARK PARK SUMMER CONCERT SERIES

MANCHESTER

This weekly summer concert series, generally held on Sunday afternoons in July and August at the Hecker-Hastings Bandstand, features acts ranging from jazz to rock to swing to big band to opera. The concerts are free, though donations are collected.

EXPOS, FAIRS & FESTIVALS

ANNUAL LIVE FREE OR DIE TATTOO EXPO

MANCHESTER

The Live Free or Die Tattoo Expo is one of the largest tattoo conventions around, featuring an eclectic mix of tattoo artists and vendors from all over New England, as well as tattoo contests, art contests, live music and more. Held in July.

ART JAM RIVERSIDE

MANCHESTER

This ain't your grandmother's art in the park. It's hip, bold and expressive – an explosion of color and creativity. Experience paint, chalk, graffiti, horns, drums and all forms of music & dance from the east side to the west. At this art jam, you're not just seeing it, you're living it. Held in September.

BEST OF NH PARTY

MANCHESTER

Since 2000, New Hampshire Magazine has polled and published the picks of its readers and editors in categories that range from best cupcakes to best martini to best antiques shop and everything in between. This annual party celebrate the readers picks of the "Best of NH".



DERRY FOOD TRUCK FESTIVAL

DERRY

Food trucks, fishing derby, Hood Park hoops 3-on-3, pick-up basketball, Alan Shepard Day at the Derry History Museum, pop-up shops and kids activities. Sidewalk sales, street performers and Kentucky Derby specials at participating eateries and drinkeries throughout the day.

DERRYFEST

DERRY

Derryfest, Derry's annual town fair, is the town's greatest and most beloved traditions.

DISTILLERS SHOWCASE

MANCHESTER

With popular demand for seminars, tastings, and celebrity panels growing far beyond what one renowned showcase can provide, New Hampshire Liquor and Wine Outlets has a full week of events around southern New Hampshire. It all culminates in this signature gathering.

GLENDI

MANCHESTER

GLENDI is an annual Grecian Festival held every September and hosted on the grounds of St. George Greek Orthodox Cathedral. It was originally called the Greek Bazaar and brings people together from all around NH to celebrate Greek Heritage.

GRANITE STATE COMICON

MANCHESTER

Combining comics, pop culture, and gaming, the three-day Granitecon features guest panels, workshops, cosplay, game tournaments and the very best artists, creators, vendors, and comic book dealers from New England and beyond. You'll find everything from classic Silver Age comics to the hottest comics of today, original artwork to vintage action figures and other collectibles.

GREEKFEST

MANCHESTER

Held the last weekend in August, Greekfest features a variety of Greek food including lamb, gyros, chicken, and homemade Greek pastries. Also on sale are a variety of religious and ethnic items. Live Geek music and dancing is also featured.

INTOWN TACO TOUR

MANCHESTER

An annual event attracting upwards of 30,000 people to Downtown, the Intown Taco Tour sees more than 50 restaurants create their own unique take on the taco.

LIVE FREE OR DIE FILM FESTIVAL

MANCHESTER

Featuring the works for New Hampshire filmmakers and artists, alongside those of out-of-state and international pieces, the two-day Live Free or Die Film Festival screens films of a multitude of genres, styles, and lengths.

LIVE FREE OR DIE TATTOO EXPO

MANCHESTER

One of the largest tattoo conventions around, the Live Free or Die Tattoo Expo features an eclectic mix of more than 100 tattoo artists and vendors from all over New England, as well as tattoo contests, art contests, a live pin-up pageant, live music, and more.

MADE IN NEW ENGLAND EXPO

MANCHESTER

The Made in New England Expo features unique gifts, specialty food items and other products from all over New England and is hosted by EventsNH, the producers of Made in NH Expo. Held in December.

MADE IN NEW HAMPSHIRE EXPO

MANCHESTER

The state's largest consumer trade show, the Made in New Hampshire "Try It and Buy It" Expo features products — from hot sauce to lip balm — made exclusively in the Granite State. The expo boasts more than 150 exhibitors and attracts crowds of up to 20,000 during its three-day run.

MAHARAJAN MIDDLE EASTERN FESTIVAL

MANCHESTER

Barbecue lamb, falafel, and other Lebanese foods are the centerpiece of this three-day Middle Eastern festival, which also features live music and dancing, hookah rentals, backgammon, henna tattoos, and a gift bazaar. The festival also has a number of activities for kids, including the opportunity to meet Joe the Camel.



MANCHESTER BREWFEST

MANCHESTER

The festival is a celebration of great beer, food and friends for a great cause. Proceeds support Dartmouth's Norris Cotton Cancer Center by raising funds for cancer research and patient supportive services by increasing awareness. Held in July.

NEW ENGLAND QUILT FESTIVAL

MANCHESTER

With stunning quilts, machine quilting classes, quilting vendors, special speakers, and a quilting competition, the New England Quilting Festival is one the largest quilt and fiber art conferences in the country.

NEW ENGLAND REPTILE EXPO

MANCHESTER

Thousands of reptiles are on display and for sale at New England's largest reptile expo. Also for sale at the expo are cages, supplies, frozen feeder rodents, feeder bugs, and many other reptile-related items at discounted prices. Attendees are asked to please not bring their own animals to the show.

NEW HAMPSHIRE ANTIQUES SHOW

MANCHESTER

Named "the best show of its kind in New England," the nearly 70 professional antiques dealers who exhibit at the show save merchandise throughout the year in order to assure that the show maintains its longstanding reputation for "fresh-to-the-market" antiques. Exhibitors offer a wide range of both country and formal antique furniture and accessories including clocks, folk art, paintings and prints, textiles, woodenware, nautical and scientific items, metalware, glassware, pottery and ceramics, early lighting, samplers, Shaker furniture and accessories, decoys, architectural and garden ornaments, and books about antiques.

NEW HAMPSHIRE COIN & CURRENCY EXPO

MANCHESTER

With more than 100 tables and 75 dealers from across the Northeast, the New Hampshire Coin & Currency Expo is held twice a year in Manchester and features rare domestic and foreign coins and foldin' money, as well as tokens and silver and gold bullion. Recommended for both numismatics or those who have an interest in our nation's history.

NEW HAMPSHIRE FARM AND FOREST EXPOSITION

MANCHESTER

Billed as the state's "greatest winter fair," the New Hampshire Farm and Forest Exposition is part industry trade show and part county fair. The latter aspect features live animals, New Hampshire-made products, workshops, and a special Kidzone with kid-friendly demonstrations from exhibitors as well as face painting, music, take-home activities, photo opportunities, and more.

NEW HAMPSHIRE JEWISH FILM FESTIVAL

Screening films from around the world showcasing the Jewish experience, the New Hampshire Jewish Film Festival is held in cities across the state, including Manchester. In addition to film screening, the festival usually features a gala, discussions with directors and producers of the films shown, and a wrap-up party. Held in March.

NEW HAMPSHIRE POUTINE FEST

MERRIMACK

Celebrating the French Canadian comfort food known as poutine, New Hampshire Poutine Fest gives attendees the opportunity to sample spins on gravy-and-cheese-curd-on-fries classic created by restaurants from across New England. Access to a cardiologist is not included with the admission fee. Held in June.

NEW HAMPSHIRE VEG FEST

MANCHESTER

Celebrating veganism in New Hampshire, New Hampshire Veg Fest features free food samples, vegan lunches and desserts for sale from a variety of food vendors, veganism talks, and workshops, and the opportunity to join a drum circle and dance to live music. Admission is free. Held in May.

TRI-CITY EXPO

MANCHESTER

A collaborative partnership between the Greater Concord, Nashua, and Manchester Chambers of Commerce, Tri-City Expo is the premier networking event in New Hampshire. The event features nearly 200 business exhibitors showcasing their products and services. The expo attracts more than 1,200 attendees. The expo is free and open to the public. Held in September.

WE ARE ONE FESTIVAL

MANCHESTER

Celebrating the cultures of Latin America, the Caribbean, and Africa, the We Are One Festival is a combination of two previously separate festivals which joined forces in 2014 to become the largest ethnic festival in New Hampshire. The festival features music and dance, food, and crafts and clothing from across Latin America, the Caribbean, and the African continent. Held in August.

WILD ROVER CELTIC FEST

MANCHESTER

Held at the halfway point to St. Patrick's Day, the Wild Rover Celtic Fest comprises three Irish-themed events: the Halfway to St. Patrick's Day 5K Road Race, St. Baldrick's Day Craft Faire, and Celtic music and dancing.

FARMERS' MARKETS

BEDFORD FARMERS' MARKET

BEDFORD

Thriving farmers market featuring tons of fresh produce, baked goodies, jams and jellies, honey and maple syrup, soaps and lotions, pasture-raised meats, fresh seafood, flowers and more. Held on Tuesdays, June - October.

<u>DERRY HOMEGROWN FARM & ARTISAN</u> <u>MARKET</u>

DERRY

Derry Homegrown Farm & Artisan Market began in 2017. Find a diverse variety of healthy, locally grown produce, meats and eggs, freshly made foods and baked goods and handcrafted handmade goods for table and home. Held on Wednesdays, June - October.

FARMER'S WIFE

CANDIA

A seasonal farm store featuring locally grown produce, meats, dairy, seasonal flowers, pies, ice cream, bread, beer and wine. Supporting New England farmers and cottage industry producers of fine food products. Open May through mid October.

INTOWN'S FARMERS MARKET

MANCHESTER

Offering NH local foods and products to the Greater Manchester community. Vendors sell produce, homemade bread and pastries, local honey, fresh cut flowers, artwork and even local seafood. Plus a variety of crafters and artisans. Located in Stanton Plaza, 700 Elm Street (across from Veterans Park).

WEARE FARMERS' MARKET

WEARE

The market was set up with a mission to help grow the economy as well as the community bond, so it feels awesome to support the vendors. There is a wide offering of vegetables, herbs, honey and other sweets, meats, berries and handmade care products. Stop by to see the variety for yourself!



FOOD & DRINK

CHOCOLATE LOVERS FANTASY

MANCHESTER

The signature and very popular fundraising event for The Caregivers, a local nonprofit that assists the frail, elderly, and disabled to maintain their independence and dignity, Chocolate Lovers Fantasy offers chocolate enthusiasts an indulgent day of sampling "everything chocolate" from a variety of vendors for a single admission fee. Held on a Sunday in mid May.

NEW HAMPSHIRE RESTAURANT WEEK

Featuring three-course prix fixe menus for lunch and dinner from a variety of restaurants in all corners of the Granite State, New Hampshire Restaurant Week offerings include many of the restaurants here in the Granite State's culinary capital.

TASTE OF DOWNTOWN MANCHESTER

MANCHESTER

This cross-promotional event has Downtown and Millyard restaurants set up sampling stations inside Downtown and Millyard retailers. Ticket purchasers are given a map, and can stroll while stopping in retail locations to sample delectable fare and browse in the shops. Held the third Wednesday evening in September.

WINTER WINE SPECTACULAR

MANCHESTER

The finale of New Hampshire Wine Week, the Easter Seals Winter Wine Spectacular usually draws a sell-out crowd to try some of the 1,300-plus wines available for sampling, dine on tasty local fare, and learn from more than 60 wine personalities. Proceeds benefit Easter Seals New Hampshire. Held in February.

OLD HOME DAY

LONDONDERRY OLD HOME DAYS

LONDONDERRY

The observance of Old Home Day has been a long-standing Londonderry, New Hampshire tradition. Started in 1899 by Governor Frank Rollins as an effort to remedy the decline of the small farming town by inviting former residents, friends and family back to the Granite State. The week-long series of events includes a huge parade, multiple concerts, kids and seniors events, a 5k road race, a Police and Fire departments softball game, and more.

PARADES & HOLIDAY CELEBRATIONS

CAROLING IN STARK PARK

MANCHESTER

Get into the Christmas spirit by joining your friends and neighbors to sing Christmas carols in the Hecker-Hastings Bandstand in Stark Park. Don't forget your hat, your gloves, and a non-perishable food donation for the New Hampshire Food Bank. Held in December.

DOWNTOWN HOLIDAY MARKET

MANCHESTER

The Downtown Holiday Market is a series of craft markets held inside Brady Sullivan Plaza around the holidays. The market features more than 50 craftsmen and artisans who sell a variety of unique gifts. Held the first three Thursdays of December and the second Saturday in December.

FÊTE ST-JEAN-BAPTISTE

MANCHESTER

Join the Franco American Centre for Fête St-Jean-Baptiste — the annual celebration of Quebec's national holiday — with a special mass, followed by a dinner and the presentation of the annual Franco American of the Year Award.

FIESTA DE MUSICA

MANCHESTER

Hosted by Manchester's own Muchachos Drum & Bugle Corps, Fiesta de Musica features is a marching band competition featuring bands from across the United States and Canada. The event also features drumline "battles" wherein drumline ensembles perform head-to-head in competition, as well as some delicious food trucks from across New England.

GENERAL JOHN STARK DAY

MANCHESTER

By order of the New Hampshire General Court, the fourth Monday in April is known as General John Stark Day, when "the governor...shall urge cities and towns throughout the state to observe this day in commemoration of General Stark's gallant and illustrious service to New Hampshire and his country." And nowhere is the state's most famous Revolutionary War hero more commemorated than at the Stark family gravesite in Stark Park. The occasion is often marked with bagpipe music, a colonial colorguard, and proclamations from the mayor and governor.

HOLIDAY PARADE (WINTER)

DERRY, MANCHESTER



INDEPENDENCE DAY CELEBRATION

MANCHESTER

The City of Manchester doesn't always celebrate Independence Day on July 4 — it might be a day before or a day after — but no matter the date, the celebration is a good one. The festivities begin with entertainment by the 39th Army Band, which plays until dusk, when an impressive fireworks display begins. While the event is centered at Arms Park, the fireworks can also be seen from several sites around the city, including Derryfield Park.

MARTIN LUTHER KING, JR. DAY COMMUNITY CELEBRATION

MANCHESTER

Celebrating the great civil rights leader and honoring those in the Granite State who continue the Civil Rights struggle today, the Martin Luther King, Jr. Day Celebration, held on MLK Day, features a potluck meal, the annual "Let Freedom Ring" ceremony, and the presentation of the MLK Coalition's annual MLK Award. Free and open to the public.

MEMORIAL DAY PARADE

BEDFORD, DERRY, LITCHFIELD, LONDONDERRY, MANCHESTER

SAINT PATRICK'S DAY PARADE

MANCHESTER

St. Patrick's Day is serious business in Manchester. So serious, in fact, that we celebrate it twice — once on March 17 and then once again later in the month with the St. Patrick's Day Parade, when more than 70,000 people line the one-mile course along Elm Street, from Salmon to Auburn Streets, to cheer bagpipers, unicyclists, clowns, dancers, and high school bands and marching units of all types.

STARK PARK EASTER EGG HUNT

MANCHESTER

The city's largest Easter Egg hunt takes place on a Saturday near Easter in Stark Park, when kids 8-and-under descend on the park in an egg-finding free-for-all. The Easter Bunny also makes an appearance, as does a fire truck, police horses, and other assorted kid-friendly attractions. Free and open to the public.

VETERANS DAY PARADE

LONDONDERRY, MANCHESTER

ANNUAL WALK AGAINST HUNGER

MANCHESTER

The annual Walk Against Hunger helps to raise money for Families in Transition-New Horizons in their efforts to support homeless families and individuals, and those facing food insecurity in the Greater Manchester community.

<u>CIGNA/ELLIOT CORPORATE CORPORATE 5K</u> ROAD RACE

MANCHESTER

The largest road race in New Hampshire, and one of the largest 5K road races in New England, the Cigna/Elliot Corporate Road Race typically attracts approximately 5,000 elite and recreational runners, walkers, and wheelchair entrants who stride through Downtown. Athletes from around the globe come to New Hampshire to participate in the race – the Cigna/Elliot 5K is the fastest race in the state, recording a sub-14 minute finish in 2003.

CINCO DE MILES

BEDFORD

Starts in the driveway of the Bedford High School then follows County Road to an out and back loop before finishing at the Bedford Memorial Park Pool.

FISHER CATS THANKSGIVING 5K

MANCHESTER

There is a common START/FINISH line at Center Field inside the Northeast Delta Dental Stadium. The 3.1-mile course heads out on the Stadium to Commercial St and incorporates a loop through Manchester's historic millyard and returns to finish inside back at Center Field in the Stadium.

FOOTRACE FOR THE FALLEN

MANCHESTER

Honoring the four Manchester Police officers who have died in the line of duty, the Footrace for the Fallen is a 5K that benefits the Manchester Police Athletic League, a nonprofit organization that provides after-school and summer athletic and recreational activities to area youth.

HULA HUSTLE 5K & 10K

MANCHESTER

This Hawaiian themed race is held at the Executive Health & Sports Center. A full day of family fun with a Luau and BBQ after the race.

MANCHESTER CITY MARATHON

MANCHESTER

The Manchester City Marathon is a moderately challenging Boston Marathon qualifier that takes runners on a scenic trip through Millyard, North End, East Side, Downtown, the West Side, and Goffstown. The course includes great views of the Queen City and beautiful fall foliage. The Manchester Half Marathon and the Viva ManchVegas 5K are held on the same day.

MARDI GRAS 5K

MANCHESTER

Show us your...running shoes! Participants in this Mardi Gras-themed 5K will receive a commemorative hurricane cup and large medal before the race and a post-race drink ticket good for a beer at the Armory Ballroom where you can dance it up with the DJ.

MUTT STRUT

MANCHESTER

Manchester goes to the dogs one Saturday each September when the Friends of Manchester Animal Shelter holds its annual Mutt Strut fundraiser, wherein canines and their owners go for a two-mile walk around Derryfield Park. The event also features a pet fair with pet supply vendors and the like

SANTA SHUFFLE

MANCHESTER

The sight of 2,000 Santas running down the street is a sight to behold, and one than can be seen during the Santa Shuffle, a three-mile road race that precedes the Manchester Christmas Parade on the first Saturday of December.



SHAMROCK SHUFFLE

MANCHESTER

Get your Irish on and tackle the Golden Shamrock Challenge! Complete the Citizens Bank Shamrock Half-Marathon (as an individual or on a relay team) and the Citizens Bank Shamrock Shuffle and you'll earn the coveted "Golden Shamrock" medal. *Relay team members need to register for each event separately.

STEP UP 5K RUN/WALK RACE & KIDS DASH

MANCHESTER

The event offers a Kids 800 Meter Dash, 5K Run and Walk for those who would prefer that option. Event raises awareness and funds that help local people in need. They conclude with a community barbeque, raffles, and awards.

VISIT MILLENNIUM RUNNING FOR MORE FOR MORE RUNS & WALKS

MISCELLANEOUS

ANNUAL PSYCHIC EVENT

MANCHESTER

Hosted by local psychic and Manchester Public TV star Norm Moody and his psychic pals, this annual psychic event features spiritual readings and vendors as well as a bake sale and raffles, all to benefit Manchester Animal Shelter. Held in October.

CRUISING DOWNTOWN

MANCHESTER

More than 700 vehicles — including many that are unique and rare — can be seen at Cruising Downtown, a classic car show put on by the Rotary Club of Manchester. Free and open to the public. Held in September.

FREE COMIC BOOK DAY

MANCHESTER

Free comics, costume contests, raffles, specials guests, and more — Free Comic Book Day is celebrated with gusto on the first Saturday in May. The city's biggest celebration is had at Double Midnight Comics but those looking to stock up on free titles should also hit Neon Bomb.

MANCHESTER COMMUNITY BIKE RIDE

MANCHESTER

Organizing bike rides around the city on Friday nights during the warmer months, Manchester Community Bike Rides group rides are for all skill sets. As rides tend to last until well after dark, riders are encouraged to bring lights and noise makers to keep all riders safe and make the rides festive and noticeable. Rides generally begin around 7p.



POLITICAL DEBATES

MANCHESTER

Every year is an election year in Manchester, with state and federal offices up for grabs in even-numbered years and city offices up for grabs in odd-numbered years. But no matter the year, the Greater Manchester Chamber of Commerce hosts debates for the top offices. It's said that in Manchester politics isn't a spectator sport, it's a bloodsport. Enjoy the show.

QUEEN CITY KAMIKAZE

MANCHESTER

A one-day convention, this con includes aspects of anime, video games, music, tabletop gaming, comics, sci fi, and all things geek. Cosplay events, video game tournaments, and a dance hall run alongside tons of artists, vendors, and retro gaming systems available to play.

QUEEN CITY QUEST

MANCHESTER

Benefiting the charities supported by the Queen City Rotary Club, the Queen City Quest is a team-based "Amazing Race" style competition which takes participants through the streets of Manchester in search for clues and challenges.

QUEEN CITY TORNADO

MANCHESTER

Is your queen adequately protected? Find out at the Queen City Tornado, an annual chess tournament with a \$1,000 guaranteed prize fund. All entrants must be U.S. Chess Federation members; New Hampshire Chess Association membership is required for rated New Hampshire residents.

SCIENCE ON TAP

MANCHESTER

Presented by the SEE Science Center in partnership with UNH Manchester and local tech companies SilverTech and Oracle + Dyn, Science on Tap features informal discussions (and beer) with scientists and experts on relevant science topics. Held the second Tuesday of every month except February, July, and August.

TEDxAMOSKEAGMILLYARD

MANCHESTER

TEDxAmoskeagMillyard is an independently-organized TED-like experience in Southern New Hampshire, dedicated to ideas worth spreading. TEDx is a program of local, self-organized events that bring people together to share a TED-like experience. At a TEDx event, TEDTalks video and live speakers combine to spark deep discussion and connection in a small group. These local, self-organized events are branded TEDx, where x = independently organized TED event.

TURKEY BOWL

MANCHESTER

High school football in Manchester might not be as competitive as it is in, say, Texas, but competition reaches fever pitch during the Manchester Turkey Bowl on Thanksgiving Day, when the city's top two football teams vie for Queen City gridiron supremacy and citywide bragging rights.

WESTON OBSERVATORY FOLIAGE VIEWING

MANCHESTER

Closed most of the year, the Weston Observatory is opened two weekends each October as a fundraiser for the Manchester Historic Association. A finer view of Manchester from east of the Merrimack River cannot be found, especially during foliage season.

WRITERS' NIGHT OUT

MANCHESTER

Meet and mingle with other writers at this informal gathering organized by the New Hampshire Writers' Project which is held from 6p to 8p on the first Monday of the month. Open to all writers and aspiring writers, this is a welcoming place to share what you're working on, what you're reading, where you're submitting your work, and more.



In addition to the groups and volunteer opportunities mentioned below, see the Events section of this guide for other events at which you can meet people based on interests ranging from slam poetry to comic books.

ABC YOUNG PROFESSIONALS GROUP

STATEWIDE

Founded in 2012 as an initiative of ABC NH/VT, the ABC YPG's mission is to develop, empower, and connect young professionals through networking events, educational workshops, and volunteering opportunities in an effort to enhance their professional development and business success within the construction industry.

BROADEN COLLECTIVE

STATEWIDE

Broaden Collective is a New Hampshire based women's collective and online directory for women-owned businesses. Broaden Collective's mission is to build a community in which women can support and feel supported by one another through online and local meet-ups.

MANCHESTER BALLERS' ASSOCIATION

MANCHESTER

Manchester Ballers' Association was created for basketball players from Manchester and surrounding communities who need a place to play that is local, fun and a great experience. The mission of the MBA is to offer all basketball players a chance to play in a Manchester league that is competitive, fun, and affordable.

MANCHESTER MAKERSPACE

MANCHESTER

Manchester Makerspace is a collaborative organization of members who maintain a shared workspace, tooling, and skills in the Manchester, New Hampshire community. As a member maintained and operated organization, Manchester Makerspace provides access to shared resources, training, and mentorship for the benefit of Manchester's local entrepreneurs, makers, students and artists of all ages.



Photo courtesy of Allegra Boverman Photography

MANCHESTER YOUNG PROFESSIONALS

MANCHESTER

The Manchester Young Professionals (MYP) aims to create business and social opportunities, support professional development and welcome new and existing young professionals to the Manchester community. Providing young professionals who live and/or work in the Manchester area with opportunities to network with with other talented and driven individuals is an important goal of the organization. Events and programs take place on a monthly, sometimes weekly basis. Networking events are hosted at various Greater Manchester venues and encourage young professionals to build their contacts, swap ideas and, most importantly, have fun.

MEETUP

Learn to cook. Train for a marathon. Practice a new language. Whatever your interest is, there's a good chance that others in the Greater Manchester region are into it as well.

MY SOCIAL SPORTS

Play sports. Meet people. Have fun. My Social Sports offers co-ed, 18+ recreational sports in eight to nine week sessions, four times a year.

NH URBAN SPORT

MANCHESTER

A veteran-owned-and operated, recreational sports organization that provides adaptive sports to disabled veterans and all able-bodied athletes in southern New Hampshire. It's the first organization in the Granite State to offer both adaptive and non-adaptive sports in the area. Providing affordable, inclusive athletic and recreational programming for adults with and without physical disabilities. They are a coed adult sports league, offering flag football, basketball, cornhole and regular events, social hours and tournaments.

NH YOUNG VETERANS NETWORK

STATEWIDE

Transitioning out of military service and into civilian life is a process that seems easy while in the military. However, when veterans are out of service, it proves to be more difficult than anticipated. NHYVN was founded to assist young veterans with building their professional networks, in the hopes of making this transition easier. They host networking events where young veterans can meet business leaders in their community as well as more established veterans who've made the transition successfully.

RED OAK COWORKING OFFICES

MANCHESTER

A concept that offers a boutique work environment with shared office spaces. This fuses form and function to fuel inspiration and productivity in a well-appointed work space. Their downtown location is close to dining and shopping options and features a host of amenities to make getting work done easier.



THRIVE OUTDOORS NH

MANCHESTER

Their mission is simple: They help people become more positive-minded, optimistic, and less stressed. They believe there is a healing quality to testing oneself in a natural setting and that these skills, coupled with the confidence one gains while acquiring them, can be life changing. They use volunteerism, charitable donations, and free programs to work towards stronger community, better connections, and a more service oriented society - one small adventure at a time.

WBC OFFICE SUITES

MANCHESTER

WBC Office Suites offers a shared, community-driven workspace for location-independent workers. Combining convenience and community in the heart of downtown Manchester with spaces designed to inspire, grow and thrive.

WELCOMING MANCHESTER

MANCHESTER

Welcoming Manchester is a collaborative effort among professionally and ethnically diverse community members who are all committed to a common goal – the integration and success of Manchester's immigrants. They believe that welcoming and empowering their immigrant neighbors ultimately leads to a healthier, happier environment for everyone. Welcoming Manchester strives to ensure the success and well-being of Manchester's immigrants by working in partnership with the local community to create opportunities for immigrant advancement and to encourage mutual understanding, a spirit of welcome, and a common purpose.

YOUNG MENCHES

STATEWIDE

Young Mensches is the Jewish Federation of NH's young adults program. Young Mensches is committed to bringing together young Jewish professionals from NH in their 20s and 30s, to share a wide range of educational, social, networking, community service, philanthropic, and leadership development activities to enhance commitment and connection to the mission of the JFNH, to Israel, and to the NH Jewish Community at large.

FIND VOLUNTEER OPPORTUNITIES WITH VOLUNTEER NH

Or maybe you want to give back to your community by stepping up to serve in a volunteer and elected capacity at the municipal level. Visit your town's website to learn what such opportunities exist:

<u>Auburn, Bedford, Candia, Chester, Derry,</u> <u>Goffstown, Hooksett, Litchfield, Londonderry,</u> <u>Manchester and New Boston.</u>

Looking for more New Hampshire insight?



Check out the other guides!

If you liked this guide, you will be sure to appreciate the other wonderful attractions the state has to offer! <u>Visit us online</u> for an "Insider's Guide" to 9 regions of the state!

ENERGY FOR SUCCESS

BRIGHT MINDS.

CREATIVE IDEAS.

TIRELESS PERSEVERANCE.

A VISION FOR "WHY NOT?"

You're already powering the possibilities for Greater Manchester and New Hampshire.

We're proud to be working together with you for a better tomorrow for all of us.

Energy for every moment of your life

